



La gestione delle epatopatie pediatriche quando diventano adulte

SIPPS SIPPS

Responsabile UOC Malattie Epatometaboliche Direttore Laboratorio di Ricerca Malattie Epatiche

Ospedale Pediatrico Bambino Gesu' valerio nobili @opbg.net



Russia: pioggia di meteoriti, 725 feriti





15 Feb 2013

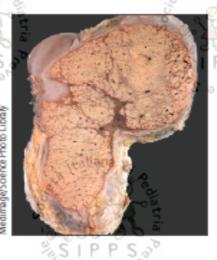
sopra degli Urali e nelle regioni centrali della

Russia, dove sono finite in briciole le finestre dei PARSONIO LO CAMPO

Arriva l'asteroide che cosa si vedra? ACURADI

Liver disease in Europe





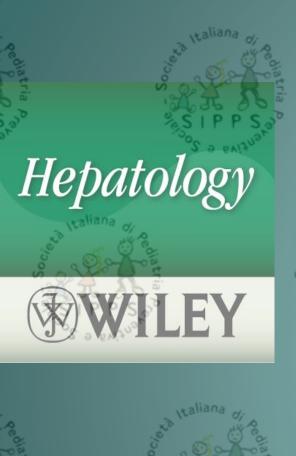
About 29 million people in the European Union have chronic liver disease according to The burden of liver disease in Europe: A review of available epidemiological data, published recently in the Journal of Hepatology. Alcohol consumption, viral hepatitis B and C, and metabolic syndromes linked to overweight and obesity are reported to be leading causes of liver cirrhosis and primary liver tumours.

Liver cirrhosis is responsible for around 170 000 deaths in Europe annually, with wide variations between countries—ranging from about one per 100 000 Greek women to 103 per 100 000 Hungarian men dying each year. About 90% of individuals in Europe infected by viral hepatitis are not aware of their status, which is of great concern: chronic hepatitis B affects 0.5–0.7% of the European population, and the prevalence of chronic hepatitis C was 0.13–3.26% in the past decade. Moreover, the prevalence of non-alcoholic fatty liver disease is 2–44% in the European population. In terms of alcohol consumption, Europe is the region of the world

For The burden of liver disease in Europe: a review of available epidemiological data see http://dx.doi.org/10.1016/j. chronic http://onlinelibrary.wiley.com/doi/10.1111/add/12139/abstract worman year. Above viral hep of great of the Europe: a review of available of the

where the heaviest drinking occurs; in some European countries, the mortality rate from alcohol-related liver diseases is as high as 47 per 100 000 inhabitants. A recent study done in Canada showed that a rise in alcohol prices of 10% was associated with a reduction in alcohol-related deaths by almost 32%, which could provide impetus for alcohol-control policies in Europe.

The substantial burden of liver disease-associated mortality in Europe means that governments and health-care providers must tackle liver disease in a much more proactive fashion—taking a cue from diseases such as breast cancer. A higher public health priority and use of non-invasive tests to screen for early stages of fibrosis are required. There is an urgent need to implement prevention programmes, and research will be needed to develop novel treatments to address the problem. The European Parliament's meeting on the burden of liver disease in Europe on Feb 20 in Brussels should be a first step towards greater care for the health of Europe's livers. ■ The Lancet









LIVER FAILURE/CIRRHOSIS/PORTAL HYP

Graft Fibrosis After Pediatric Liver Transplantation:

Ten Years of Follow-up

Rene Scheenstra, 1,2 Paul M.G.J. Peeters, 2,3 Henkjan J. Verkade, 1,2 and Annette S. H. Gouw^{2,4}







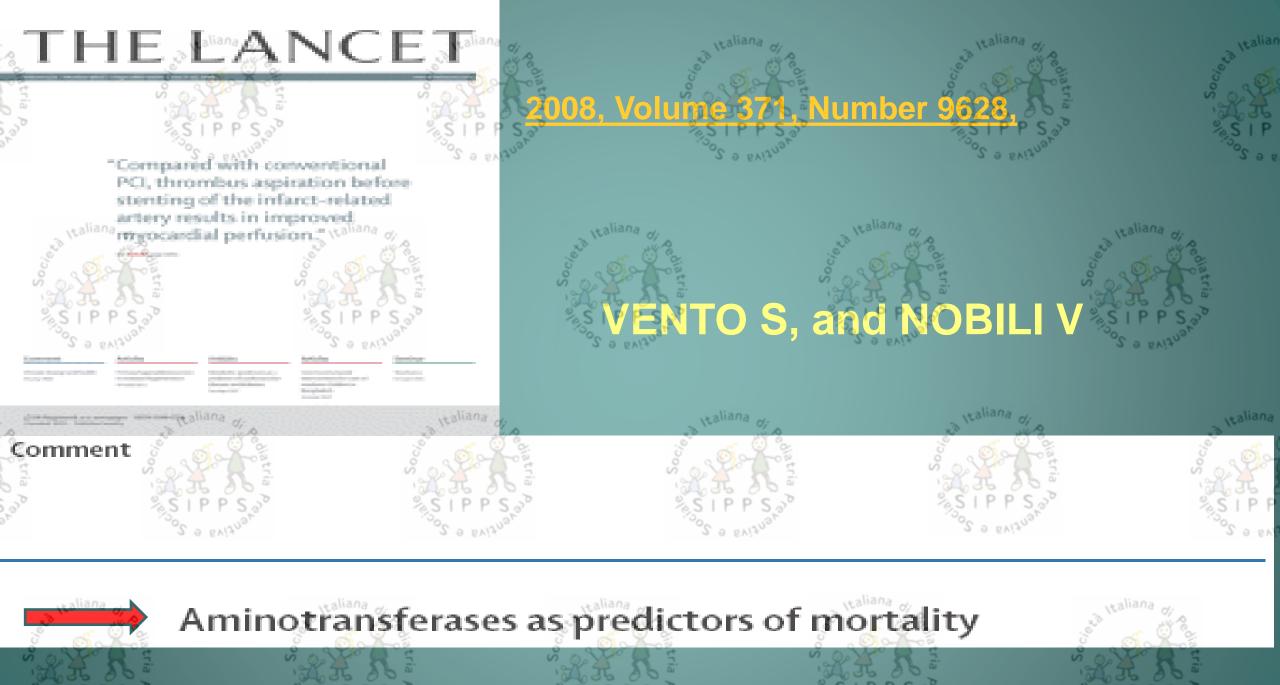




In this study we have shown a profound increase in the prevalence of fibrosis in pediatric grafts from 31% at 1 year after transplantation to almost 70% after 10 years, and an increase in the severity of fibrosis with a progression to severe fibrosis in more than 25% of the grafts after 10 years. Transplant-associated factors are related to the development of fibrosis, and even to the development of "late" fibrosis (that is, starting after the first year)

We attempted to identify the (severity) of fibrosis using biochemical liver functions......... However, most of the liver tests were only mildly elevated, and even normal in most individual cases.





the finding of even modest increases of aminotransferase concentrations should not be overlooked, as it could provide an opportunity for clinicians to reveal and treat not only serious hepatic diseases but also to modify detrimental habits that can be life-threatening in the long term."







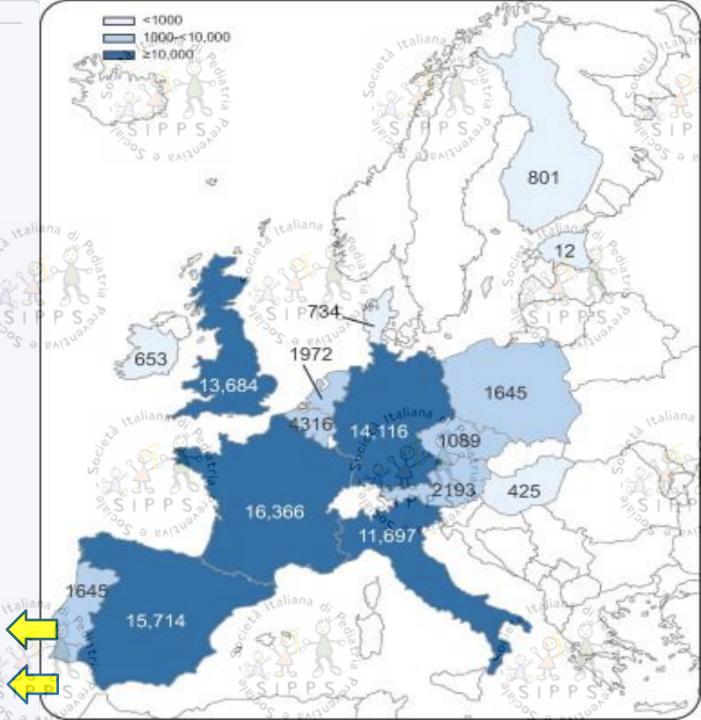
The burden of liver disease in Europe: A review of available epidemiological data

Martin Blachier¹, Henri Leleu¹, Markus Peck-Radosavljevic^{2,*}, Dominique-Charles Valla³, Françoise Roudot-Thoraval^{1,*}

¹Department of Public Health, Hôpital Henri Mondor, Université Paris-Est Créteil, France; ²Dept. of Gastroenterology & Hepatology, Medizinische Universität Wien, Währinger Gürtel 18-20, A-1090 Vienna, Austria; ³Service d'hépatologie, Hôpital Beaujon, AP-HP, Université Paris Diderot and INSERM U773, Clichy-la-Garenne, France

Key Points

- A review of 260 epidemiological studies published in the last five years
- Liver cirrhosis is responsible for around 170,000 deaths in Europe each year, with large inter-country variation
- Liver cancer is responsible for around 47,000 deaths per year in the EU
- More than 5500 liver transplants are performed in Europe per year
- In some European countries the mortality rate from alcohol-related liver disease is as high as 47 per 100,000 inhabitants
- 0.5-0.7% of the European population is affected by chronic hepatitis B
- The overall prevalence of hepatitis C in Europe is estimated at 0.13-3.26%
- The prevalence of non-alcoholic fatty liver disease (NAFLD) is 2-44% in the general European population (including obese children) and 42.6-69.5% in people with type 2 diabetes. There is the potential for this condition to become a serious problem in light of the obesity epidemic
- All of the major causes of liver disease are amenable to prevention and treatment
- Strategies are urgently required to reduce the burden
 of liver disease in Europe



Gastroenterology & Hepatology

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Review

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Long-term challenges and perspectives of pre-adolescent liver disease



Nedim Hadžić, Ulrich Baumann, Pat McKiernan, Valerie McLin, Valerio Nobili

Chronic liver disease is a growing problem that has substantial effects on public health. Many paediatric liver conditions are precursors of adult chronic liver disease, cirrhosis, and hepatocellular carcinoma. Clinical management of Wilson's disease, autoimmune liver disease, and chronic biliary disorders, such as biliary atresia, which remains the most common paediatric chronic liver disease and indication for liver transplantation, is similar in children and adults. In the past 10 or so years, paediatric hepatology has expanded into neighbouring clinical areas, such as metabolic liver diseases and systemic conditions with liver involvement. In this Review, we aim to describe some of these disorders, and outline their natural history and possible differences between management in adults and children to stimulate further debate on the optimal transition of care between paediatric and adult specialists.

Lancet Gastroenterol Hepat of

Paediatric Centre for Hepatology, Gastroenterology and Nutrition, King's College Hospital, London, UK (Prof N Hadžić MD); Paediatric Gastroenterology and Hepatology, Hannover Medical School, Hannover, Germany

	italiana v.	Specific clinical findings	Medical management
Seo. 6 100	Biliary atresia	Established chronic liver disease, possible education difficulties in patients who have not received a transplant	Monitor and treat complications of portal hypertension and cholangitis, preferential status on transplant waiting lists might be necessary
	α1 antitrypsin PiZ deficiency	Variable degrees of chronic liver disease	Involve adult respiratory physicians in monitoring of respiratory function
	Progressive familial intrahepatic cholestasis	Possible relation to development of gallstones, cholestasis of pregnancy, and drug-induced liver injury	Choleretics and effective control of pruritus, including biliary diversion options
	Cystic-fibrosis-related liver disease	Progressive portal hypertension, exocrine and endocrine pancreatic insufficiency	Probable psychological and social difficulties, consider for liver transplantation only in absence of very advanced lung disease
	After liver transplantation	Drug non-adherence common, graft remodelling can induce secondary portal hypertension	Overall treatment similar to adults; monitor for nephrotoxicity
Qeo p	Non-alcoholic fatty liver disease	Large-scale epidemiological problem, end-stage liver disease exceptional in adolescence	Lifestyle modifications when possible, monitor for diabetes and cardiovascular complications
6 35	Autoimmune liver disease	Many patients on maintenance low-dose immunosuppression, frequent problems with adherence	Consider careful weaning or modification of immunosuppression ahead of pregnancy
	Chronic viral hepatitis	Most patients have near-normal biochemistry and mild histological changes	New interferon-free regimens need to be approved for treatment of hepatitis C virus infection in children and adolescents
	Wilson's disease	Neurological involvement less common in children and adolescents	Overall treatment similar to adults

Table 3: Specific features of chronic liver disease in adolescence

Q	xa Italiana di	Locus	Gene	Defective polypeptide	Extrahepatic features	,\i
O'STILL O	Progressive familial intrahepatic cholestasis type 1 disease	18q21.31	ATP8B1	Aminophospholipid translocase FIC1	Affects gut, kidney, and lungs; associated with deafness	P
,	Bile salt export pump deficiency (familial intrahepatic cholestasis type 2)	2q24 8A/AV	ABCB11	Bile salt export pump	Novi3ng,	9
	TJP2/deficiency	9q13-q21	TJP2	TJP2	Affects lungs and gut; associated with deafness	
	Arthrogryposis renal dysfunction cholestasis syndrome	15q26.1	VPS33B	VIPAR protein	Affects kidney and bones	
	Transaldolase deficiency	11p15.5-p15.	.4 TALDO1	TALDO	Affects skin and heart; associated with facial dysmorphism	ian,
0 6019 11 19 V	MDR3 deficiency (progressive familial intrahepatic cholestasis type 3)	7q21.1	ABCB4	MDR3	No.	
F	Neonatal ichthyosis-sclerosing cholangitis syndrome	3q28-q29	CLDN1 S	Claudin 1	Affects skin and leucocytes	13
	Neonatal sclerosing cholangitis	6p22.1	DCDC2	DCDC2	Associated with dyslexia, nephronophthisis, and deafness	
	Table 1: Progressive familial intra	hepatic chole	estasis associa	ted with low or norm	al serum γ glutamyl	

Table 1: Progressive familial intrahepatic cholestasis associated with low or normal serum y glutamyl transferase concentrations

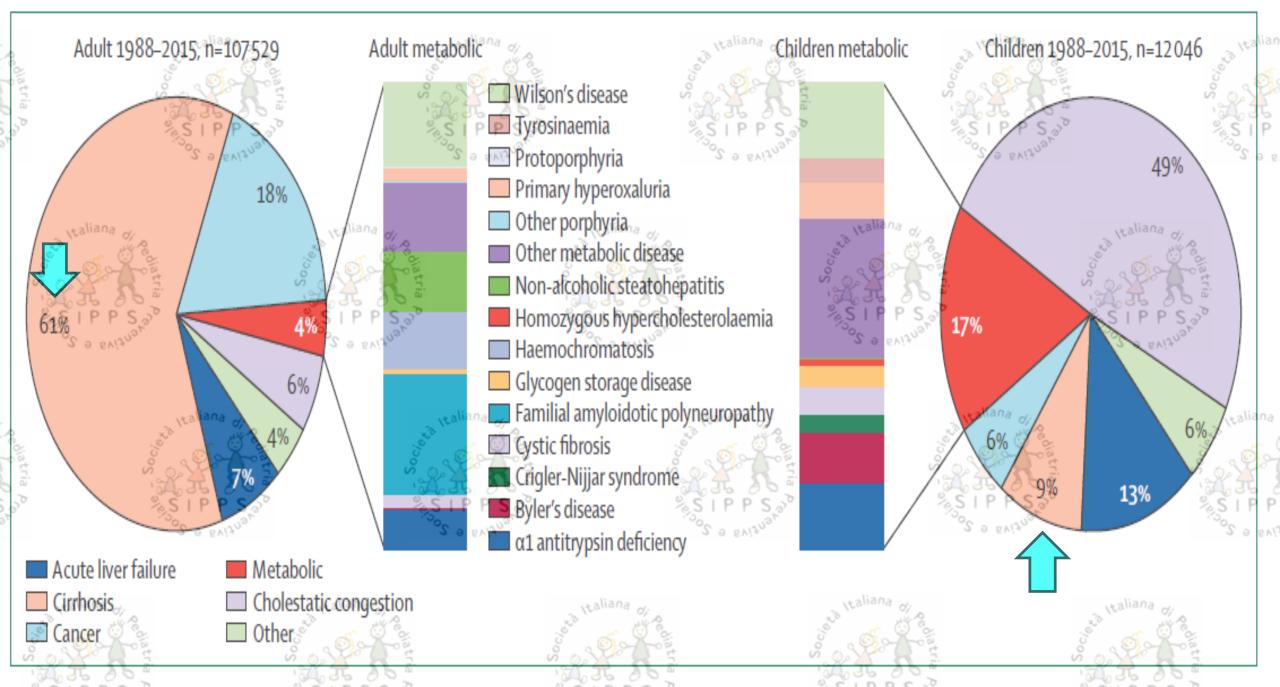


Figure: Differences in indications for liver transplantation between adults and children

Patients with chronic liver disorders who are leaving the paediatric age group continue to have substantial medical problems, which are complicated by individual behavioural, social, and educational difficulties. A new subspecialty—transitional medicine—is slowly developing; it is faced with the difficult task of offering a similar level of medical care with very different individual responsibilities. Health services worldwide are generally inadequately prepared for this major change, and hepatology is no exception. The complex needs of these fragile young people need to be recognised, and new services, such as adolescent psychology support services, need to be developed. Many of these patients have insufficient knowledge about their chronic conditions, because for most of their childhood their medical care has been coordinated by their guardians, typically their parents. The transition from this sheltered position to being a potentially vulnerable young adult who is inadequately prepared for the individual responsibilities, could have pronounced all consequences, such as intermittent or total non-adherence to prescribed drugs or lifestyle, or complete dissociation from established medical follow-up.

Transitional Medicine

Parents

Non-adherence

Medical professionals need to acknowledge and respond to these new trends. Older paediatric patients should be educated, and active participation in their care should be promoted by paediatric hepatologists as they approach adolescence. This process could be formalised through pre-transition and transition clinics equipped to address the psychological and social needs of these emerging patients. Furthermore, referral pathways and the adult hepatologists taking over the formerly paediatric patients should be clearly identified. Adult hepatologists will need additional training in some specific paediatric disorders, such as biliary atresia and metabolic disorders. Finally, national liver transplantation programmes need to consider whether young individuals with end-stage chronic liver disease should be offered preferential status on the waiting lists. The conventional liver transplantation criteria were not designed to capture the complexities of care for this vulnerable new population, who compete for organs with adults. This situation could result in increased morbidity and mortality on waiting lists and massive disappointment for their families, past paediatric caregivers, and health-system economics.

Pre-transition and transition clinic

Referral pathways

Additional training ...

Asked on: 24 October 2016



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Children: Written question - 49864

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Liver Diseases: Children: Written question - 49864

Q Asked by **Mr George Howarth** (Knowsley)

Department of Health

Liver Diseases: Children

To ask the Secretary of State for Health, what assessment he has made of the implications for the health of children with liver disease of continuity of care as they make the transition to adult services.

A Answered by: David Mowat

The transition from children's to adults' health services is a matter for National Health Service providers and commissioners. To support effective transition commissioners and providers should be drawing on best practice and guidance such as the National Institute for Health and Care Excellence's guideline, Transition from children's to adults' services for young people using health or social care services which was published in February 2016.



- Identification of adult centre and consultant
- An early start
- A written transition policy
- A flexible policy on timing of events
- An education programme
- Opportunities for the young person to meet the adult team



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in adult services. Many of our patients will have had a liver transplant as children

How to contact the service

Karen Pears - Medical Secretary

Email: Karen.Pears@uhb.nhs.uk

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New transition app to help young liver disease patients

02/12/16

A specialist research team at Coventry University has enabled Children's Liver Disease Foundation to launch an app which will help young people with liver disease to cope with the transition from paediatric to adult health services.

My Liver is designed to help young people have all the knowledge they need about their liver, their transition and their care.

Transition can come at a difficult time, so the app contains features to support independence in adult services, such as information on liver diseases, important contact details and a reminder feature to aid with medication and hospital visits

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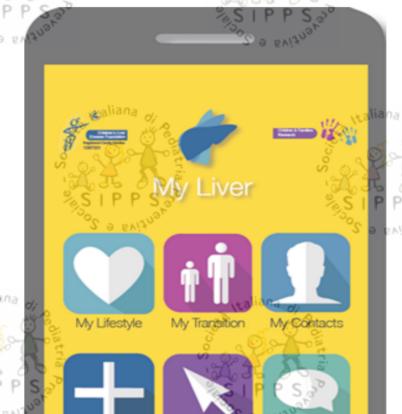
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Keyword

Visit our Focus website to find out more and download the My Liver App.

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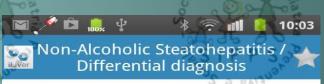












Since there is no specific marker for non-alcoholic fatty liver disease/ steatohepatitis, its diagnosis requires the exclusion of other known causes of liver disease (viral, autoimmune, toxic, genetic). Other causes of liver disease associated with steatosis are:

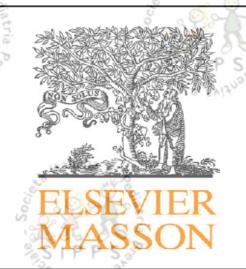
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- Alcoholic fatty liver disease
- Chronic hepatitis C
- Wilson's disease
- Exposure to drugs, petrochemicals, environmental toxins, organic solvents

Secondary causes of NAFLD, such as total parenteral nutrition, cachexia, intestinal bypass surgery, HIV infection and lipodystrophy, should be ruled out.

ILIVER CONTRIBUTORS
Paediatrics Liver Disease
Prof. Valerio Nobili



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MINI REVIEW

Tips and hints for the transition: What adult hepatologists should know when accept teens with a pediatric hepatobiliary disease

Salvatore Guercio Nuzio^a, Sarah Ann Tizzard^b, Pietro Vajro^{c,*}

- o Between 15 and 20 years
- Earlier = staff unaware of developmental issues
- Completion of school is a possible benchmark
- After achievement of "health literacy":
 - Understanding of their disease
 - Management independent of parental figures



Educational Sessions:

- disease characteristics
- origin of symptoms
- how to contact health professionals

o Instruction on:

- treatment rationale & therapies schedule
- dosing regimen & routes of administration
- setting up medical appointments
- Training for self-management of medical regimen
- Start individual meetings with providers
- Use of modern technologies (support groups; text messaging; online health management)
- Offer adolescent friendly environment

- A joint structure (pediatric & adult staff) to facilitate dialogue & navigation of medical bureaucracy
- o Presence of a "coordinator" [e.g. a nurse], mediating transitional organization & patient management
- Administrative and secretarial support
- Co-management & communication between primary care physicians / medical specialists
- Primary care physician & hepatologist fully informed on characteristics and complications of the disease
- Contrast teens resistance to leave pediatric care & pediatricians' reluctance to discharge grown patients

Literature evidences on long-term follow-up of patients with pediatric onset chronic hepatobiliary diseases. Table 1 Living without LTx Living with LTx Disease No of patients Mean age at Dx Mean age at last Mean FU duration Late complications Death Notes (Reference) (range) (range) 63 days (33-159 5 female 80 Biliary atresia 24.7 years By age 20, liver cirrhosis in 5, 10, and 20-year 5 underwent 20% adults (20-31.9 years) half of the adult died of liver Post-Kasai [4] days) survival rates of living related patients gave survivors > 20 years of age: patients with their LTx before age birth to failure/LTx in 37% and 17% of the adult native livers = 63%, of 20 their twenties 9 children; 1 patients = cholangitis and 54%, 44% male patient gastrointestinal bleeding, fathered respectively a child Autoimmune 33 12.9 years NA 73 months Cirrhosis in 55% at diagnosis Cirrhotic patients at Of the 18 6 patients died Overall hepatitis [5] (2.7-18.1 years)(11-344 months) baseline had a patients with and in 4 of survival was 10 years survival of cirrhosis, 5 had them it significantly 85% LTx happened lower than the (range = 70 - 100%)followingaliana expected in complications the USA comparable to non-cirrhotic after LTx population patients: 75% (49-100%) (P=0.97) 13.8 ± 4.2 years 6.6 ± 4.4 years 11 children Primary 81% had concomitant IBD, LTx free median 1 child died Compared with (0.2-16.7 years)sclerosing (1.5-19.6 years) lower plts, splenomegaly, survival = 12.7 years underwent LTx USA cholangitis [7 and older age were population, associated with shorter survival was survival shorter in Overlapping AIH (35% of children with children) or medical therapy PSC (P < .001)did not affect survival $26.4 \pm 5.5 \text{ years}$ 89 = HBeAg seroconversion NA Hepatitis B [8] HBeAg [+]: 14.5 ± 6.1 years Of the 4 with Two patients - 91 HBeAg [+], 7.4 ± 4.7 years after HBeAg after 5.2 ± 4.0 years baseline cirrhosis, 2 with HBeAg - 8 HBeAg [-] 4/89 = reactivation with had HCC and HBeAg [-]: clearance, [-] hepatitis 4.8 ± 3.2 years $17.0 \pm 5.1 \, \text{years}$ cirrhosis remained alive and 2 and 1 with in the 8 baseline 85/89: 4 HBeAg [-] lost the histological cirrhosis had hepatitis, 81 inactive features of cirrhosis experienced drug abuse carrier; 64 were untreated, 21 previously treated with IFN or other drugs Of the 8 HBeAg [-], 2 were HBeAg [-] hepatitis, 6 carriers 5.8 ± 3.7 years liana 6.2 ± 4.7 years aliana Of 200, 6% achieved NA Hepatitis C [10] (1-17.5 years)sustained viremia clearance and normalization of the ALT level Mean fibrosis score: 1.5 ± 1.3 for < 15 years of age and 2.3 ± 1.2 for ≥ 15 years of age

Disease (Reference)	No of patients	Mean age at Dx (range)	Mean age at last FU	Mean FU duration (range)	Late complications	Living without LTx	Living with LTx	Death	Notes
NAFLD [12]	SIPP	13.9 ± 3.9 years (3.2–19.6 years)	NA S I P F	6.4 ± 4.5 years (0.05–20 years)	4 patients with baseline normal fasting glucose developed type 2 diabetes 4—11 years after NAFLD diagnosis 13 liver biopsies in 5 patients over a mean of 41.4 (SD 28.8) months showed progression of fibrosis stage in 4 patients	NA 500'S	2 NAFLD recurred. One developed cirrhosis and needed re-LTx	2 patients died for decompen- sated cirrhosis	Survival free of LTx significantly shorter vs general population
Wilson disease [14] Alagille syndrome [15]	229 - 61% hepatic, - 27% neurol, - 10% screened	21.2 ± 12.0 years (4–58 years for hepatic presentation)	NA -9 years (2 months-29 years)	11.8 ± 8.6 y (hepatic presentation) 10 years (2 months + 44 years)	84% cirrhotic patients survived 20 years after diagnosis Of 132 patients with neonatal cholestatic	35% stabilized or improved on chelation (26% fully recovered, 24% improved) Survival rates with native liver = 51% and	LT x in one third patients	7.4% (71% of deaths were related to Wilson Disease) 48 patients with and 9	Overall survival rates
SIPP S PAN	Sajo justiana di	SIPI	-14 years (3–44 years)	SIP!	jaundice: 102 were jaundiced, 112 had pruritus, and 40 had xanthomas; 35/76 livers had cirrhosis 25/71 patients had varices Of 31 pts without neonatal cholestatic jaundice: 5 jaundiced, 17 well controlled pruritus, 9 xanthomas; cirrhosis in 6/18, varices in 4/11, no LTx	38% at 10 and 20 y, respectively	with neonatal cholestatic jaundice	without cholestatic jaundice died (17 and 2 related to liver disease, respectively)	were 68% and 62% at 10 and 20 years, respectively
PFIC [16]	61 FIC1 84 BSEP	NA	16–17 years	4.4 years (1.7–9.2), 3.6 years (2.0–8.9)	BSEP pts: gallstones and portal hypertension FIC1 pts: diarrhea, pancreatic disease, rickets, pneumonia, abnormal sweat tests, hearing impairment, poor growth D482G mutation in BSEP pts < rapidly progressive dis	D482G patients survived to a greater age without LTx than did other BSEP or FIC 1 patients	26/61 (43%) FIC1 patients, 38/84 (45%) BSEP patients	7 patients who did not undergo surgical intervention died	The probability of any form of surgery was less in BSEP patients with D482G than in others
	7 (5 type I; 2 type 1/II)	18 days—2 months	NA Stria		2 patients developed kernicterus Remaining patients maintained indirect bilirubin from 15 to 25 mg/dL with no associated neurological alterations	NA taliana	2	NA taliana	NA Collatria
					: hepatocellular carcinoma tic cholestasis; plts: platel				olantation; NA:

Table 1 (Continued)

Conclusions

Transition overall is not a simple passage from a paediatric ward to a service dedicated to adults, but is a gradual process for which general rules are still in progress, especially in paediatric hepatology.

Medical problems at the time of transition of young people with chronic hepatobiliary disease are often complex. General healthcare needs and a large number of hepatobiliary disease-specific features may impact on morbidity and mortality in adulthood. Their correct knowledge by patients, adult practitioners and hepatologists responsible for ensuring their continuity of care might help to better manage these conditions they are not usually accustomed to.

Received 8 June 2016; received in revised form 20 November 2016; accepted 21 November 2016









The management of childhood liver diseases in adulthood

Deepak Joshi^{1,*}, Nitika Gupta², Marianne Samyn¹, Maesha Deheragoda¹, Fabienne Dobbels³, Michael A. Heneghan¹

Key point

The number of patients with childhood liver diseases surviving into adulthood is increasing. Adult hepatologists need to be familiar with the management of these diseases.

Key point

Self-management support is an important strategy which empowers young adults to participate in their care.

Key point

A sensitive and responsive transition service is required to manage young adults with liver disease.

Key point

Transition services need to be holistic and adopt a multi-disciplinary approach. Successful transition services aim to improve adherence and long-term outcomes

Table 2. Risk factors for non-adherence and approach. Modified from Dobbels et al. [20].

As tallana of	Risk factor	Exallana of	Approach	16 July 14 31 15
Socioeconomic factors	Social isolation Family instability Poor parental support Single parent families Cost of medication or clinic visi	SIPPS OF ENITOR	Social worker review Review eligibility for fi support.	inancial
Patient derived factors	Poor understanding of condition Mental illness Previous non-adherence Past history of child abuse Low self-esteem Post-traumatic stress disorder	P P S and S I S I S I S I S I S I S I S I S I S	Patient passports Clinical psychology rev	view
Disease related factors	Duration of illness Lack of symptoms Substance misuse	Sexaltaliana of	Review of clinical statu Peer support groups	1S
Treatment related factors	Side effects Number of medications Cost of medication	SIPPS OF BAILDING	Regular review of med	ications
Health care system/health care tea	Poor communication between the parents Poor relationship between healt Lack of continuity of care Clinic attendance resulting in time	h care teams, patient and parer	meetings mealiana	0/;



UK guideline on transition of adolescent and young persons with chronic digestive diseases from paediatric to adult care

Alenka J Brooks, Philip J Smith, Richard Cohen, Paul Collins, Andrew Douds, Valda Forbes, Daniel R Gaya, Brian T Johnston, Patrick J McKiernan, Charles D Murray, Shaji Sebastian, Monica Smith, Lisa Whitley, Lesley Williams, Richard K Russell, Sara A McCartney and James O Lindsay

Gut published online February 21, 2017



Updated information and services can be found at: http://gut.bmj.com/content/early/2017/02/28/gutjnl-2016-313000

SUMMARY OF RECOMMENDATIONS

Recommendations: patient populations involved in adolescent and young person transition

We recommend that adolescent and young person (AYP) with IBD, coeliac disease and chronic liver disease should be involved in formal transition arrangements (Grading of Recommendations Assessment, Development and Evaluation (GRADE) recommendation: strong (C)).

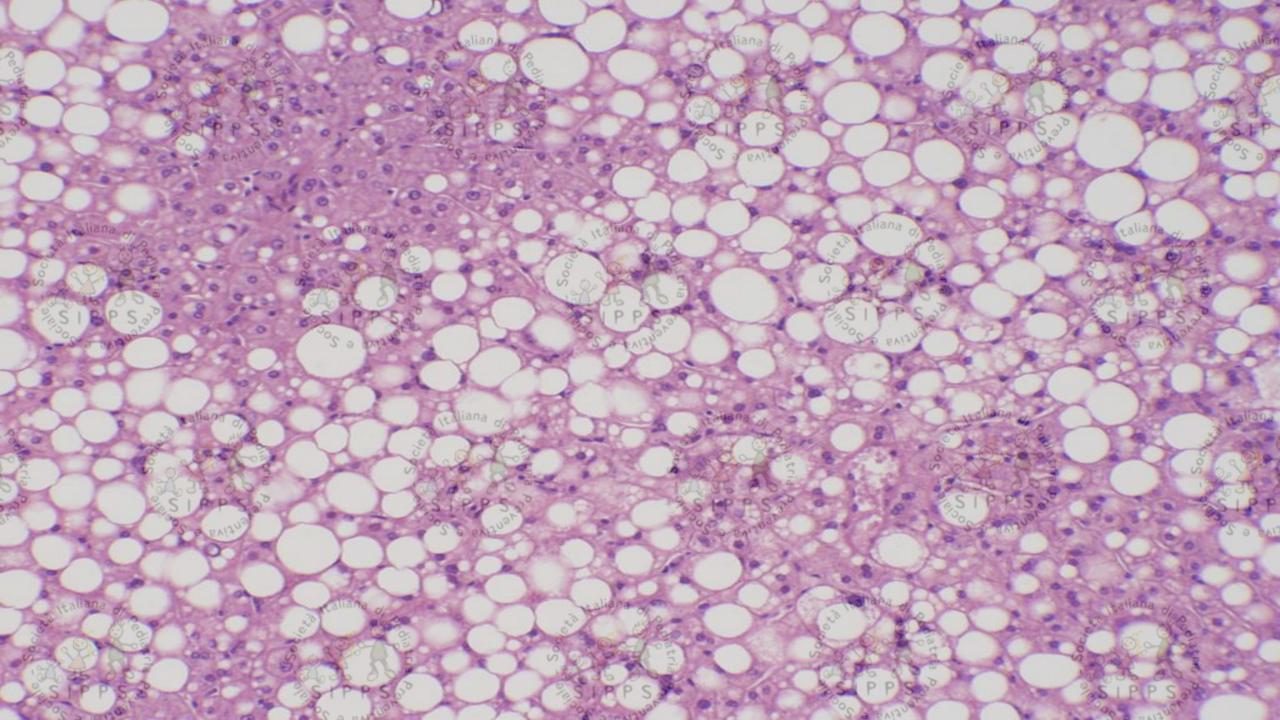


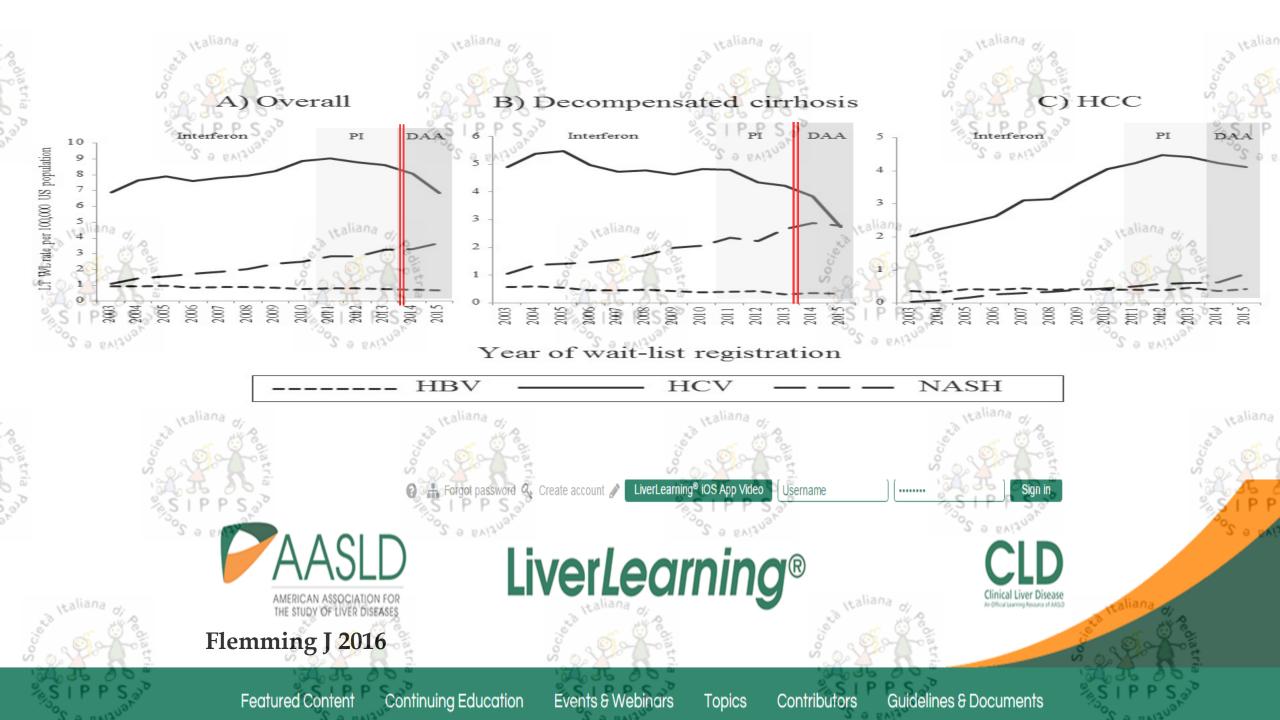
The estimated (and extrapolated) UK prevalence of chronic paediatric GI/liver conditions and number of patients transitioned each year using the best available epidemiological, audit and survey data as well as expert opinion

GI/liver condition	UK paediatric prevalence (total population or proportion within populations)	per year STARS TO PASSON TO STAR TO ST
IBD*	7000	1000 (~60% Crohn's disease)
Chronic liver disease	The prevalence of paediatric liver disease in England between 2008 and 2014: 11–15 years: 1502 16–17: 624† ¹⁷	Approximately 61–76 transplant cases per annum‡ ¹⁸ 753 paediatric patients were transferred to adult services between 2008 and 2014) (proportion which are non-transplant is unknown)† ¹⁷
Complex enteral	No relevant data identified	No relevant data identified
Parenteral nutrition (combination of long term in out of hospital) Coeliac disease	3–13 per 1000 children, or approximately 1:80 to 1:300 children Food allergy 0.6% ⁴	600 per year SIPPS No specific dates
Allergic/eosinophilic oesophagitis	Eosinophilic oesophagitis 0.2 per 100 000	No specific datas = ENIANO
Functional GI disease	~10% ⁵	No specific data

[‡]Data from annual report on liver transplantation NHS England September 2014 (2004–2014).

§Data courtesy of Henry Gowens/Andy Barclay British Intestinal Failure Survey data (unpublished 2014).







OCCHISUL DIABET

TIENI GLI OCCHI APERTI SU

In pratica oggi il 9,2% della popolazione italiana ha difficoltà a mantenere sotto controllo la glicemia.

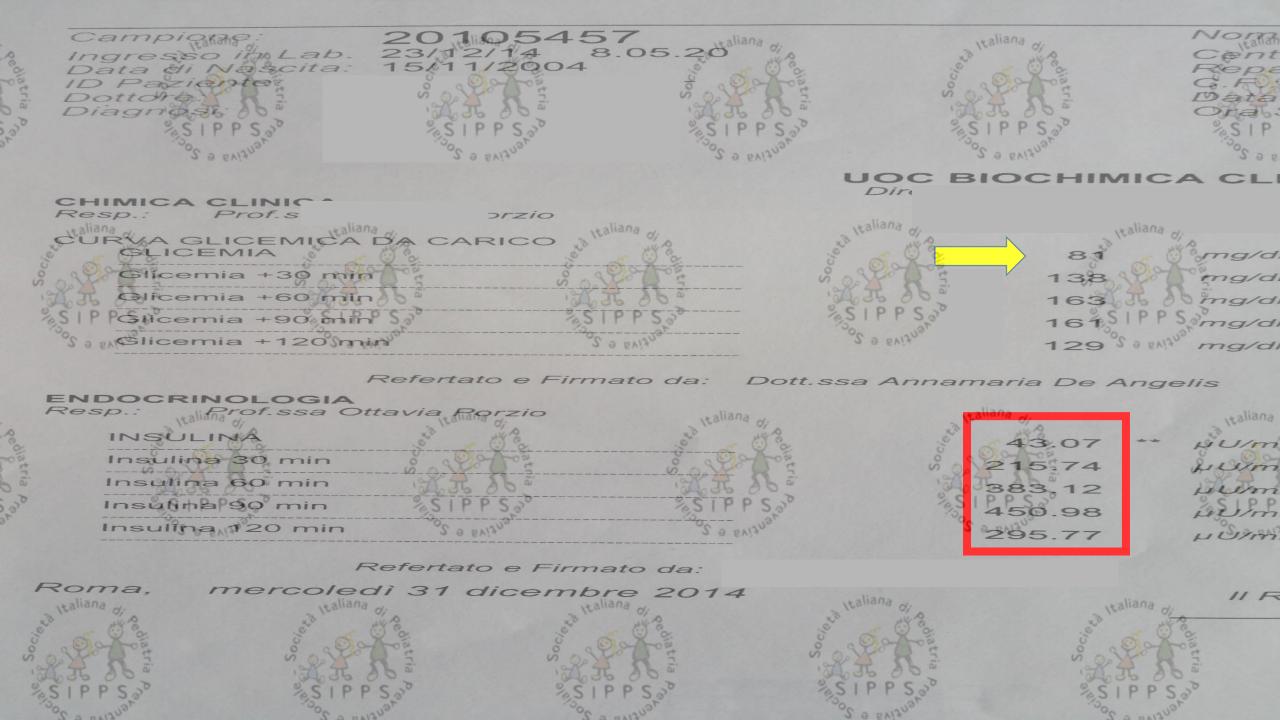
Nel 2030 si prevede che le persone diagnosticate con diabete tipo 2 saranno 5 milioni.

popolazione

1 milione di persone abbiano i<mark>l</mark> diabete di tipo 2 ma non siano state diagnosticate: è l'1,6% della popolazione

2,6 milioni di persone abbiano difficoltà a mantenere le glicemie nella norma, una condizione che nella maggior parte dei casi prelude allo sviluppo del diabete di tipo 2. Parliamo del 4,3% della popolazione

Scopri la campagna di informazione sul diabete realizzata per l'edizione 2016 della Giornata Mondiale del Diabete.







Ospedale Pediatrico Bambino Gesù

ISTITUTO DI RICOVERO E CURA A CARATTERE SCIENTIFICO

Laboratorio Analisi - Sede di Roma tel. 06/68591

Primario Prof. Maurizio Muraca



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ENDOCRINOLOGIA2

Insulina Basale (met. Chemilum.) Insulina punto 4

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mU/L

mU/L

CHIMICA CLINICA DI BASE

CARICO/STIMOLO GLICEMICO

Glicemia Basale Glicemia +120



mg/dl

55 - 110



Ospedale Pediatrico Bambino Gesù

ISTITUTO DI RICOVERO E CURA A CARATTERE SCIENTIFICO

Laboratorio Analisi - Sede di Roma tel. 06/68591

Primario Prof.ssa Ottavia Porzio



Data di Stampa: 06/11/2015 Ore: 11:01 Pag.: Id.:02403821 Sig. Nosologico: 2015151105 Data Nascita: 28/02/1998 Età: 17 Anni Provenienza: 000004671010 RM Malattie Epato-Metaboliche RO Sesso M Routine 05/11/2015 Richiesta: 11053473 Ore: 08:50 Valori Riferimento Esito U.M.Esame

ENDOCRINOLOGIA2

Insulina Basale (met. Chemilum.)
Insulina punto 4

34,33 > 556.3

mU/L mU/L 3.00 - 25.00

Valore ottenuto con diluizione del campione

CHIMICA CLINICA DI BASE

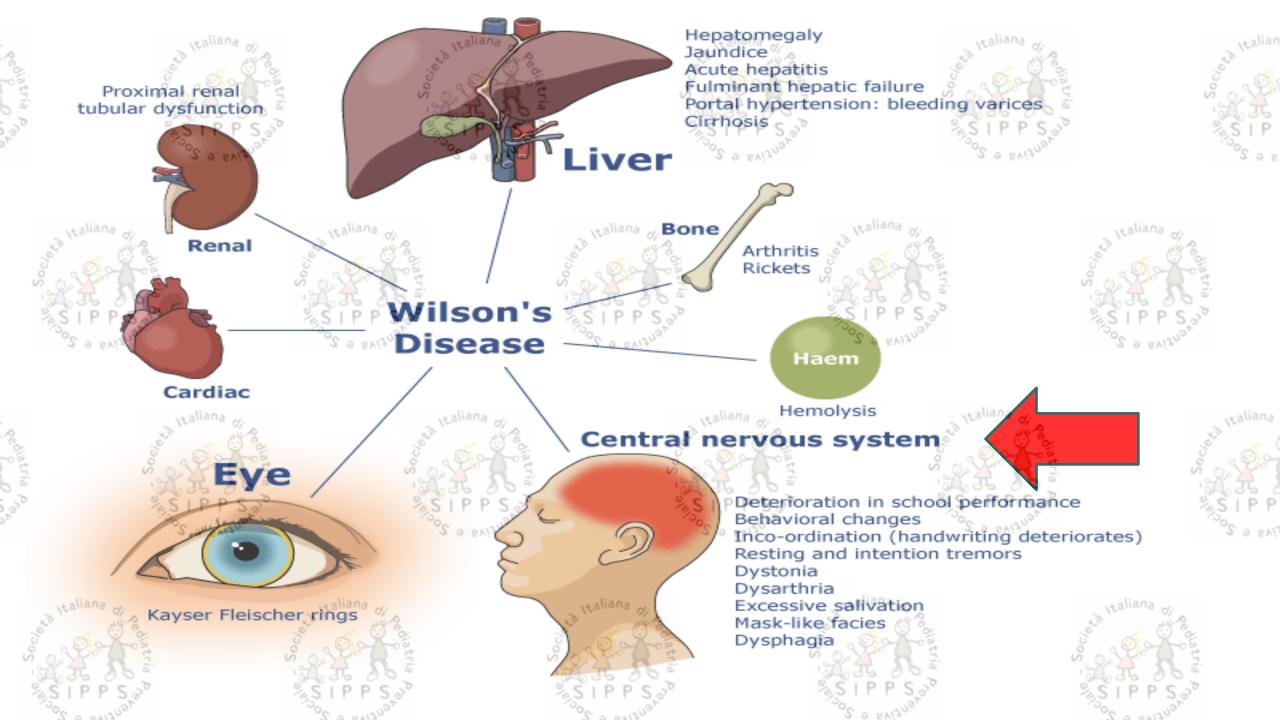
CARICO/STIMOLO GLICEMICO

Glicemia Basale

Glicemia +120

5 87 212 mg/dL

¹⁰55 - 110





Contents lists available at ScienceDirect

Parkinsonism and Related Disorders

journal homepage: www.elsevier.com/locate/parkreldis



Subclinical neurological involvement does not develop if Wilson's disease is treated early

Raffaele Dubbioso ^{a, 1}, Giusy Ranucci ^{b, 1}, Marcello Esposito ^{a, 1}, Fabiola Di Dato ^b, Antonietta Topa ^a, Mario Quarantelli ^c, Margherita Matarazzo ^d, Lucio Santoro ^a,

Fiore Manganelli a, 2, Raffaele Iorio b, *, 2

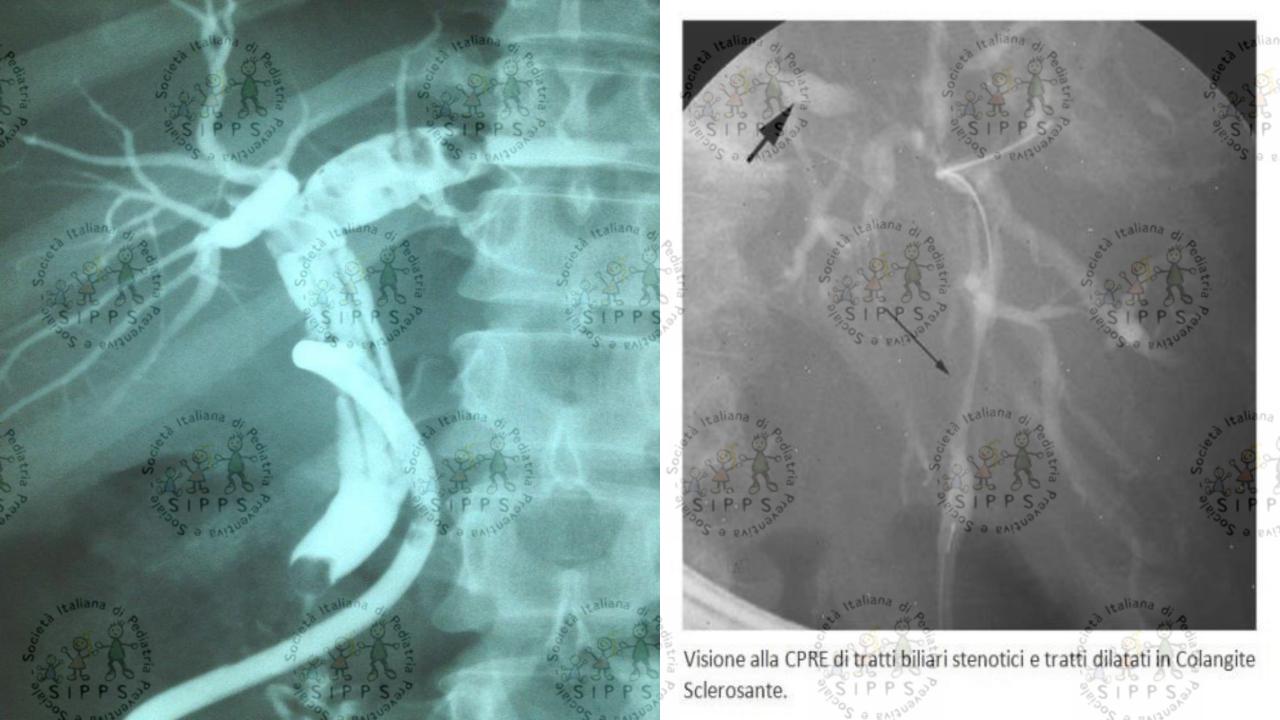


b Department of Translational Medical Sciences, Section of Pediatrics, University of Naples Federico II, Italy



^c Institute of Biostructure and Bioimaging, National Research Council (CNR), Naples, Italy

d Department of Translational Medical Sciences, Section of Internal Medicine, University of Naples Federico II, Italy

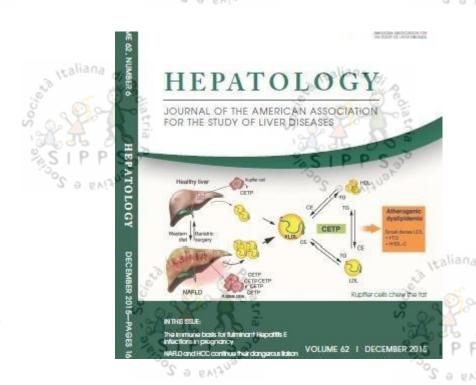


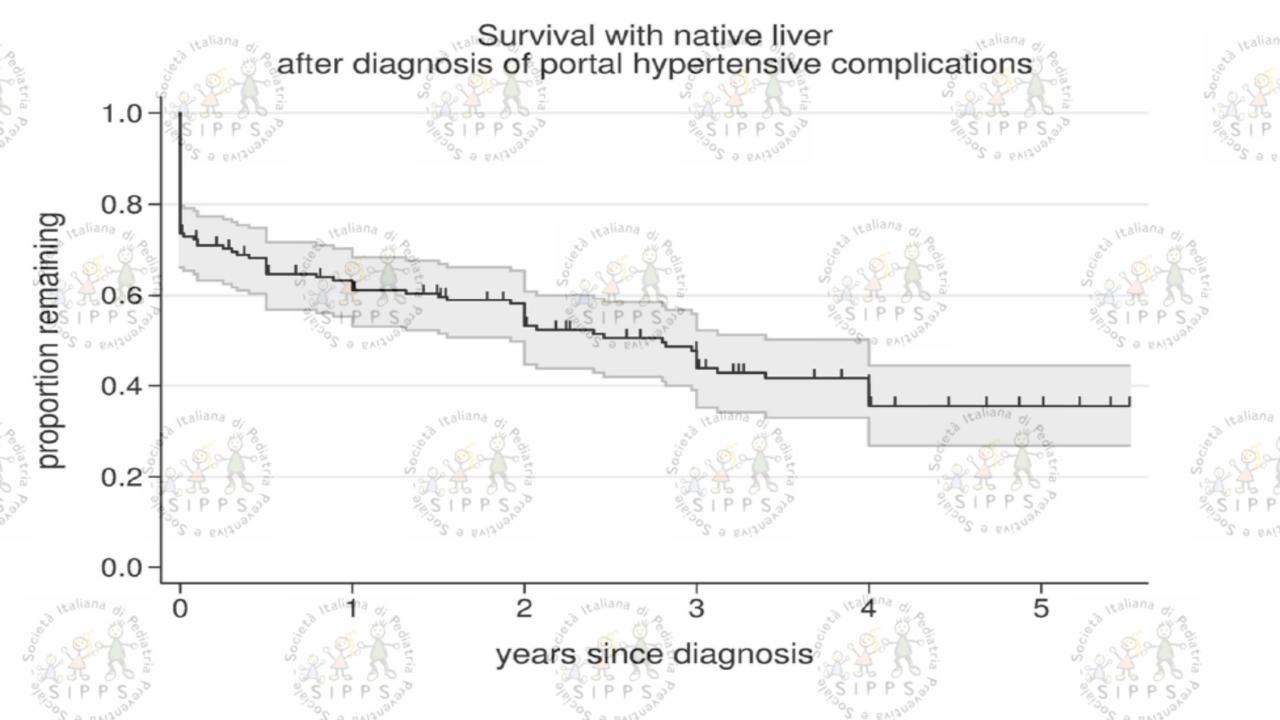
The natural history of primary sclerosing cholangitis in 781 children: a multicenter, international collaboration

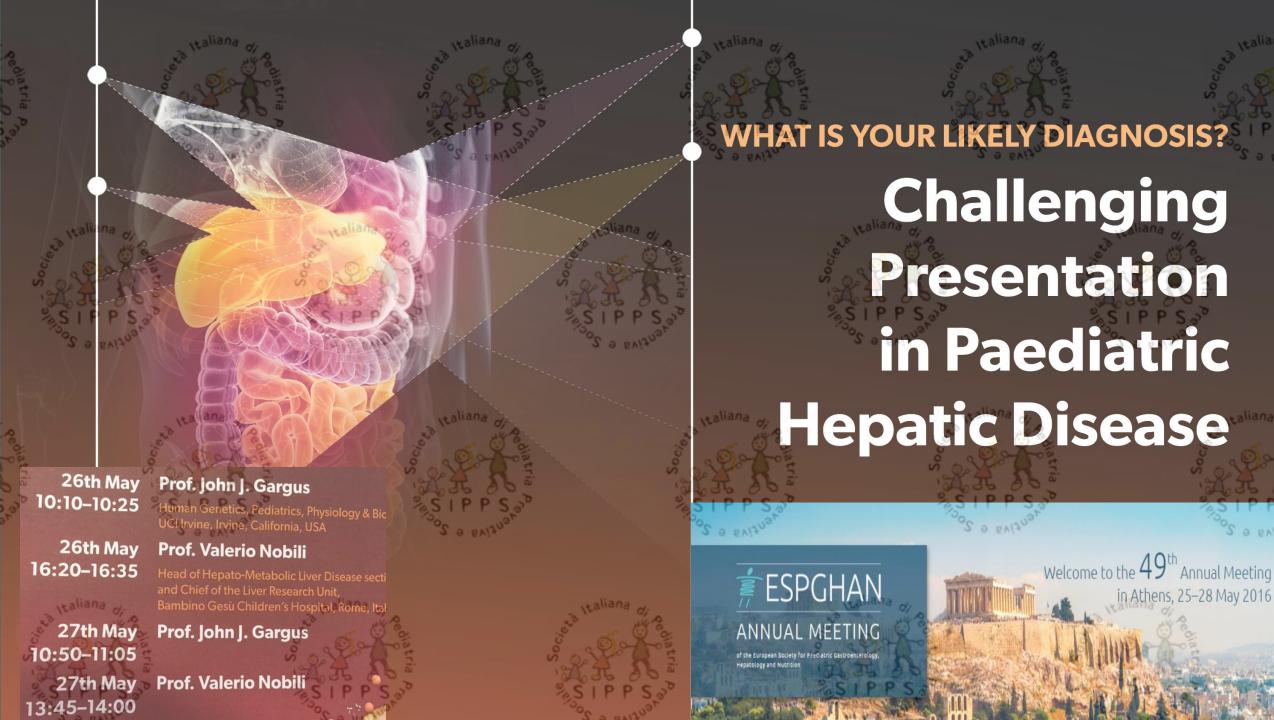
Corresponding Author:

(Fax) 801-587-7539

Mark Deneau MD, MS
University of Utah
Department of Pediatrics
Division of Gastroenterology, Hepatology and Nutrition
81 N. Mario Capecchi Dr.
Salt Lake City, UT 84113
mark.deneau@hsc.utah.edu
(Phone) 801-213-3599







Advancing Treatment in Lysosomal Acid Lipase Deficiency:

James Underberg, MD, MS; Don P. Wilson, MD; Patrick M. Moriarty, MD Faculty and Disclosures CME/CE Released: 6/27/2015; Walld for credit through 6/27/2016

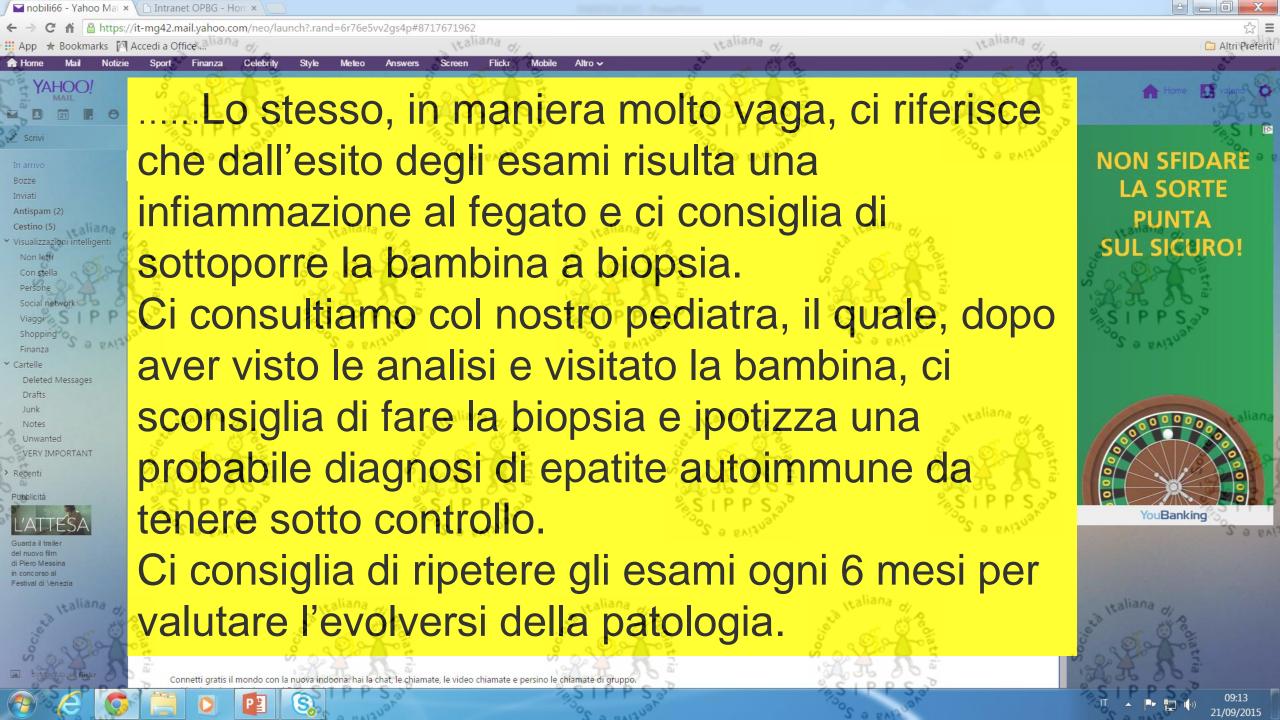
Slides/Video

How confident are you in diagnosing lysosomal acid lipase deficiency (LAL-D)?

		Your Colleagues Responded:		
Very confident	aliana	10%		
Somewhat confident	exta Contract of Sec.	22% 🐧 🖔 🧞		
Not confident	S	78%		

How confident are you in treating LAL-D?

	Your Colleagues Responde		
tallVery confident	10%	, aliana	
Somewhat confident	21%	, S	
Not confident	78	3% A.A.	
1 P P S 3	% C, I b b c 2 ₀	% S P F	

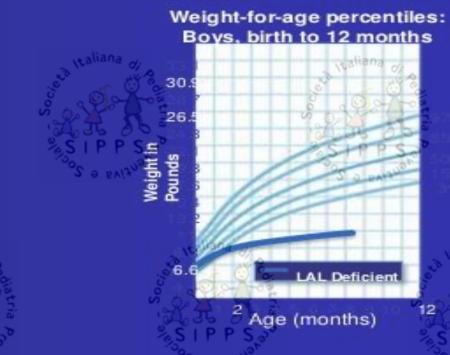


Example 2: Early Onset Lysosomal Acid Lipase Deficiency (Wolman)

- Prominent hepatic and GI manifestations
 - Hepatomegaly and liver failure
 - Splenomegaly
 - Persistent vomiting
 - Abdominal distension
 - Profound growth failure

Adrenal calcification

Rapidly progressive and fatal





LAL-D is a life-threatening genetic disease associated with significant morbidities and increased risk for premature mortality^{1,2}



86%

Liver manifestations

% of LAL-D patients with manifestations in vital organ systems*1



Cardiovascular (CV) manifestations



36%

Spleen manifestations



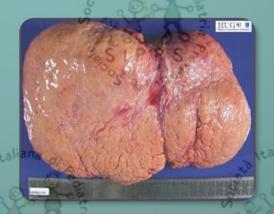
22%

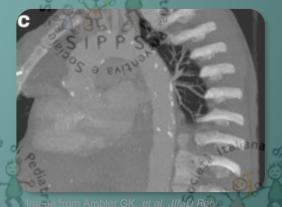
Gastrointestinal (GI)

gery supplied by iStock.com manifestations

LAL-D in children and adults^{1,2}

- Progressive disease due to lysosomal accumulation of CE and TG. Results in liver disease and dyslipidaemia
- Clinical manifestations
 - Fibrosis and cirrhosis
 - Liver failure requiring transplantation
 - Dyslipidaemia leading to accelerated atherosclerosis
- 87% of patients showed manifestations in more than 1 organ system





2013:8:41–6

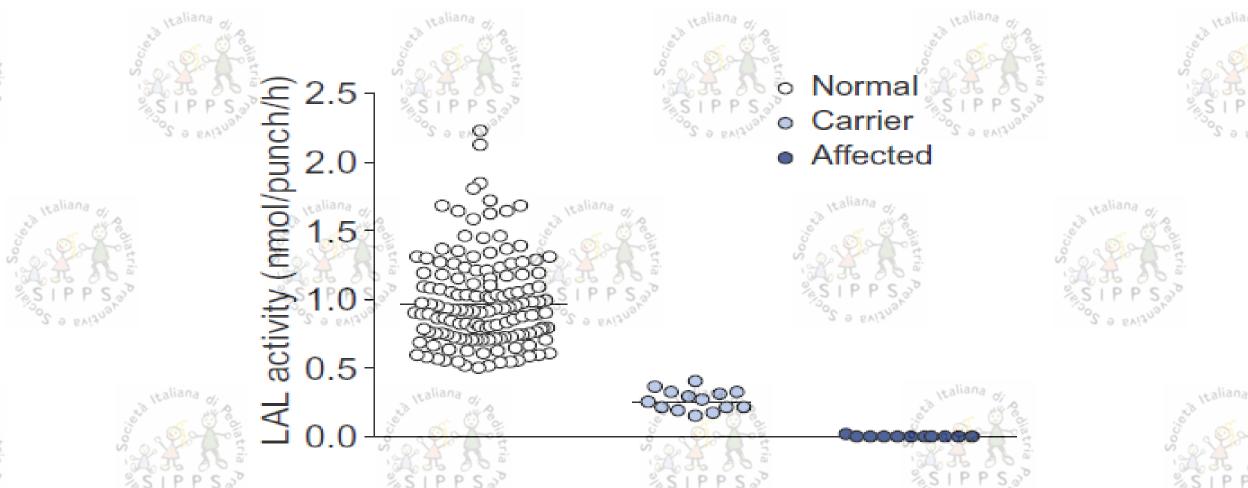
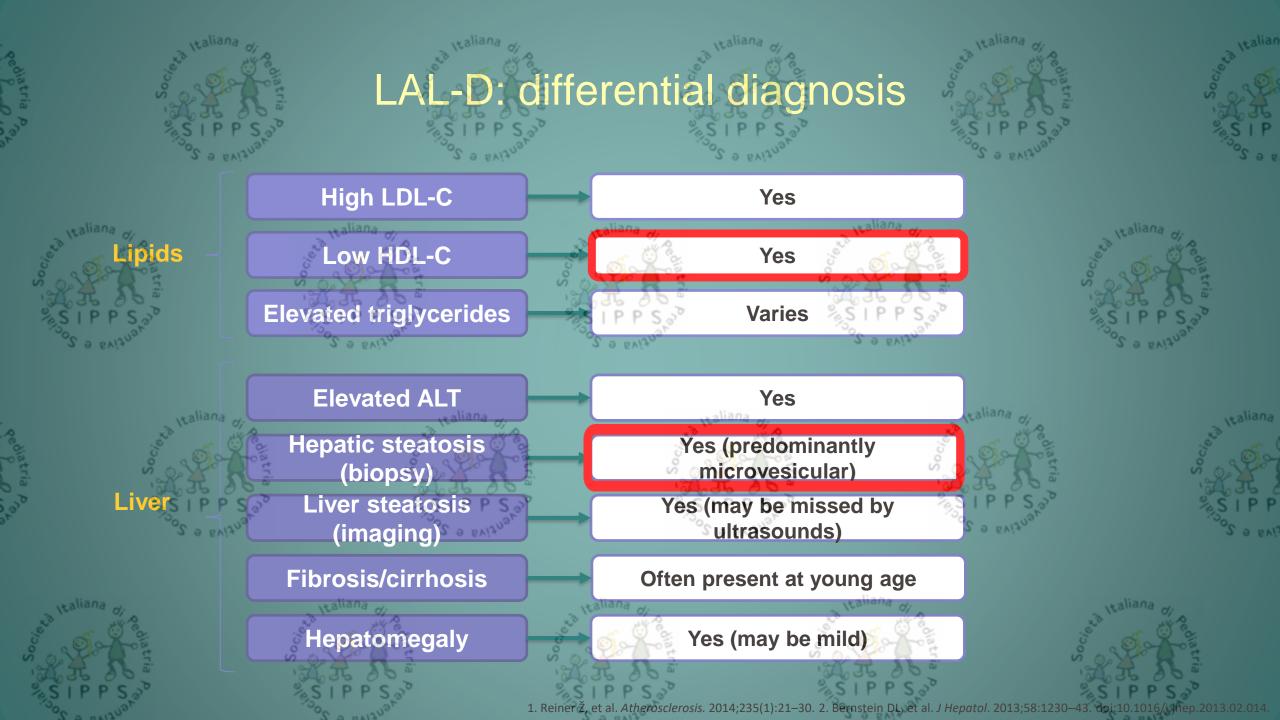


Fig. 3. Dried blood spot LAL activity in affected homozygotes, heterozygotes, and normal individuals. This assay is LAL specific, as it incorporates a specific inhibitor, Lalistat 2, which reduces the activity of the other lipases. LAL activity in 140 normal controls, 11 LAL deficient patients and 15 carriers. Limit of detection = 0.02 nmol/punch/h. From reference [109], with permission.



LAL-D: differential diagnosis

Similarity to LAL-D

Asymptomatic hepatomegaly, isolated splenomegaly, persistently elevated AST, ALT, fatty liver, cirrhosis¹

Patients have decreased HDL-c and elevated TG³

Patients have decreased HDL-c and elevated LDL-c³

Patients have elevated LDL-c3,4

Some patients may have elevated ALT, with or without hepatic steatosis⁵

Consider LAL-D

Patient does not have signs of CNS involvement²

Patient has signs of metabolic syndrome and dyslipidaemia³

Patient presents with lab values similar to FCH with ALT > ULN³

Patient presents with lab values similar to HeFH, with ALT > ULN, or no confirmed mutation for HeFH-related gene^{3,4}

Patient has NAFLD/NASH with ALT > ULN, and dyslipidaemia³

Metabolic

syndrome

Wilson's disease

FCH

HeFH

SIPPS

NAFLD

In all patients:

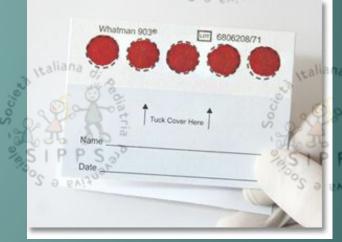
- Laboratory assay
- Screening for Metabolic Syndrome
- Lysosomal Acid Lipase assay

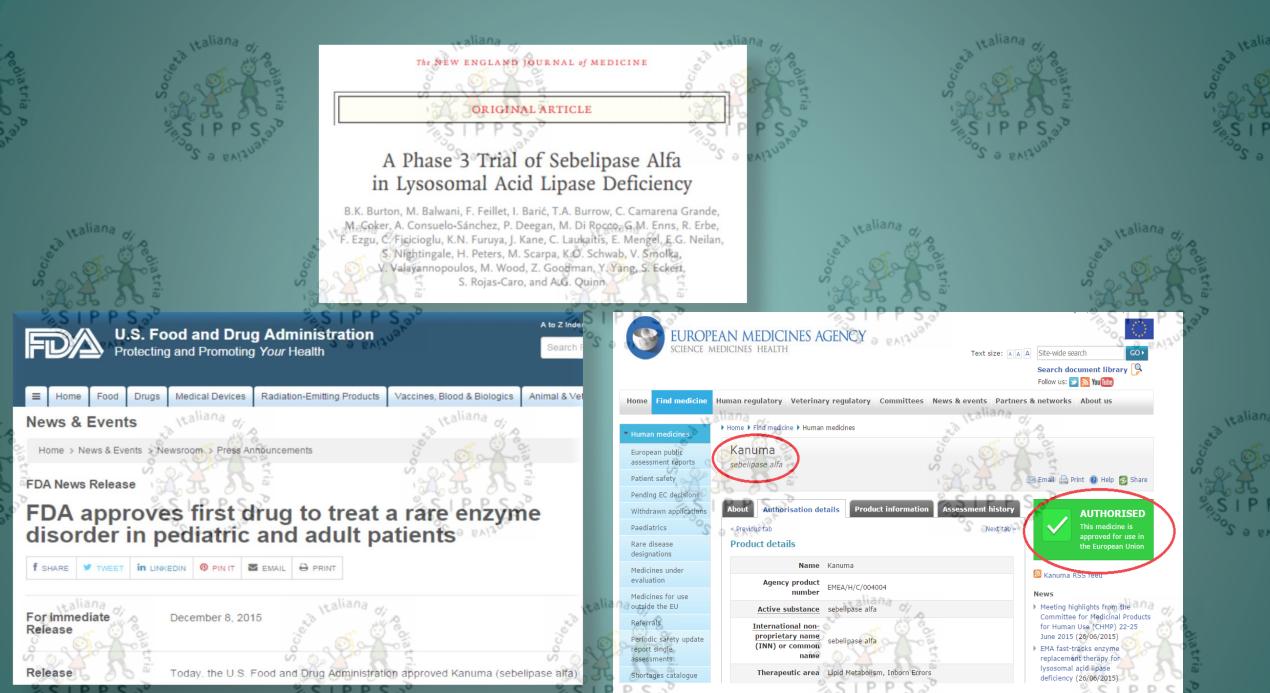
Blood was spotted on to filter paper on the day of venipuncture and allowed to dry overnight at room temperature.

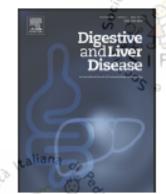
- 168 patients underwent to Liver biopsy

A reference range was established using blood submitted to our laboratory for routine

diagnostic testing (0,73 nmol).







Liver, Pancreas and Biliary Tract

Reduced lysosomal acid lipase activity – A potential role in the pathogenesis of non alcoholic fatty liver disease in pediatric patients



Praveen Kumar Conjeevaram Selvakumar^a, Mohammad Nasser Kabbany^a, Rocio Lopez^b, Giulia Tozzi^a, Anna Alisi^c, Naim Alkhouri^{a,b,*}, Valerio Nobili^{c,**}



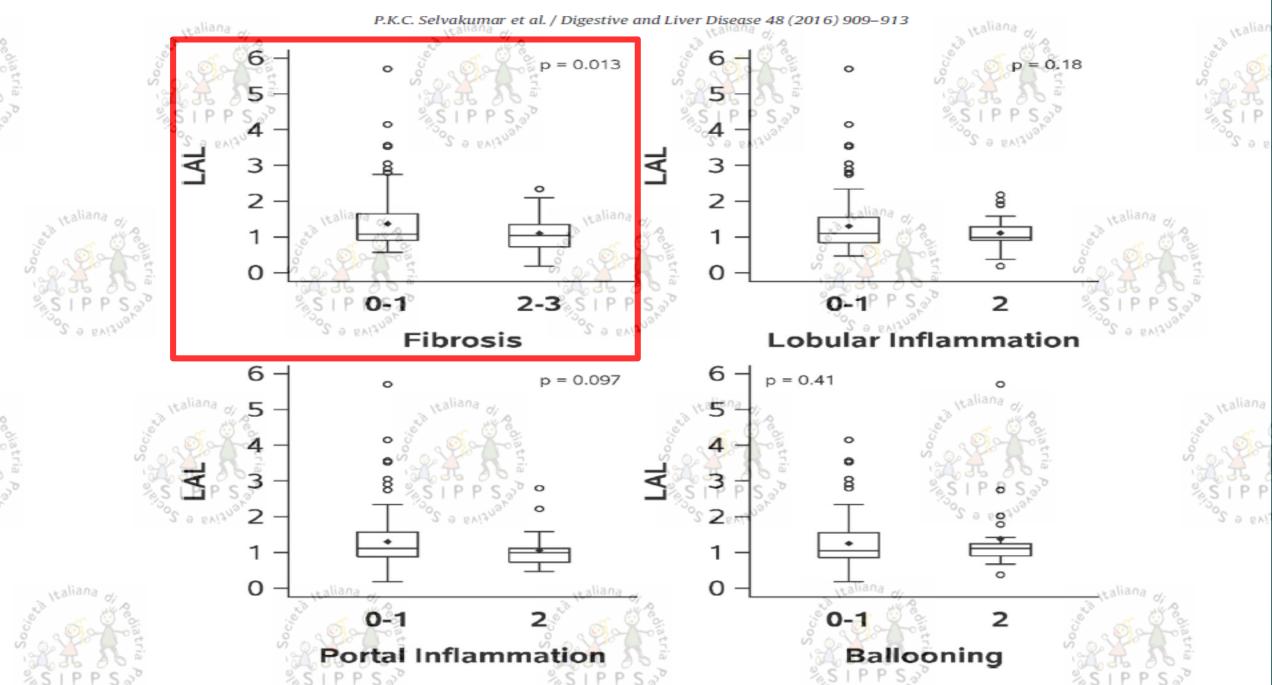


Fig. 1. Box and whisker plot showing association between lysosomal acid lipase activity and individual histology features. LAL, lysosomal acid lipase activity.

Table 3
Associations between lysosomal acid lipase activity and histological features.

Feature Presen	nce NASH ^a	Fibrosis stages 2–3	Steatosis grades 2-3	Lobular inflammation grades 1-	2 Portal inflammation grade 2	Ballooning grade 2
No	1.3 ± 0.57	1.4±0.80	1.2 ± 0.54	1.3±0.73	1.3±0.72	1.2±0.63
Yes	1.2 ± 0.80	1.10 ± 0.45	1.3 ± 0.75	1.1 ± 0.47	1.05 ± 0.51	1.4 ± 1.08
p-Valueana	0.57	0.013 aliana	0.85	0.18	× 0.097 d	0.41 caliana

Values presented as mean \pm SD.

Table 4
Associations between lysosomal acid lipase activity and histological features after adjusting for age, body mass index, triglycerides and cholesterol.

200	Feature presen	ice NASH ^a	Fibrosis stages 2–3	Steatosis grades 2-3	Lobular inflammation grades 1–2	Portal inflammation grade 2	Ballooning grade 2
100	No	1.3 (1.1, 1.4)	1.4 (1.2, 1.5)	1.2 (1.02, 1.4)	1.3 (1.2, 1.4)	1.3 (1.2, 1.4) % ***********************************	1.2 (1.1, 1.4)
	Yes	1.3 (1.1, 1.4)	1.10 (0.93, 1.3)	1.3 (1.2, 1.4)	1.07 (0.82, 1.3)	1.07 (0.80, 1.3)	1.4 (1.09, 1.7)
	p-Value	0.79	0.015	0.65	0.097	0.13	0.42

Values presented as mean (95% CI). p-Values correspond to ANCOVA.

p-Values correspond to Student's t-tests.

^a Nonalcoholic steatohepatitis.

^a Nonalcoholic steatohepatitis.



Nonalcoholic fatty liver disease

Elizabeth M. Brunt¹, Vincent W.-S. Wong², Valerio Nobili³, Christopher P. Day⁴, Silvia Sookoian⁵, Jacquelyn J. Maher⁶, Elisabetta Bugianesi⁷, Claude B. Sirlin⁸, Brent A. Neuschwander-Tetri⁹ and Mary E. Rinella¹⁰

Box 1 | Steatosis and elevated liver tests

Drug use

- Tamoxifen 🖟
- Amiodarone
- Glucocorticoids
- Synthetic oestrogens
- Antiviral agents (for example, highly active antiretroviral therapies)
- Methotrexate

Other metabolic or genetic causes

- Hypobetalipoproteinaemia P P S 8°
- Lysosomal acid lipase partial deficiency
- Lipodystrophy
- Weber–Christian disease

Nutrition

- Malnutrition
- Malabsorption
- Total parenteral nutrition
- Rapid weight loss
- Jejunoileal bypass

Others

- Small bowel diverticulosis
- Exposure to petrochemicals
- Exposure to organic solvents

















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Pediatrics. 2016 Oct;138(4). pii: e20160214. Epub 2016 Sep 13

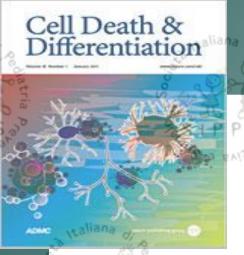
Lysosomal Acid Lipase Deficiency Unmasked in Two Children With Nonalcoholic Fatty Liver Disease

Ryan W. Himes, MD,^a Sarah E. Barlow, MD, MPH,^a Kevin Bove, MD,^b Norma M. Quintanilla, MD,^c Rachel Sheridan, MD,^b Rohit Kohli, MBBS, MS^d







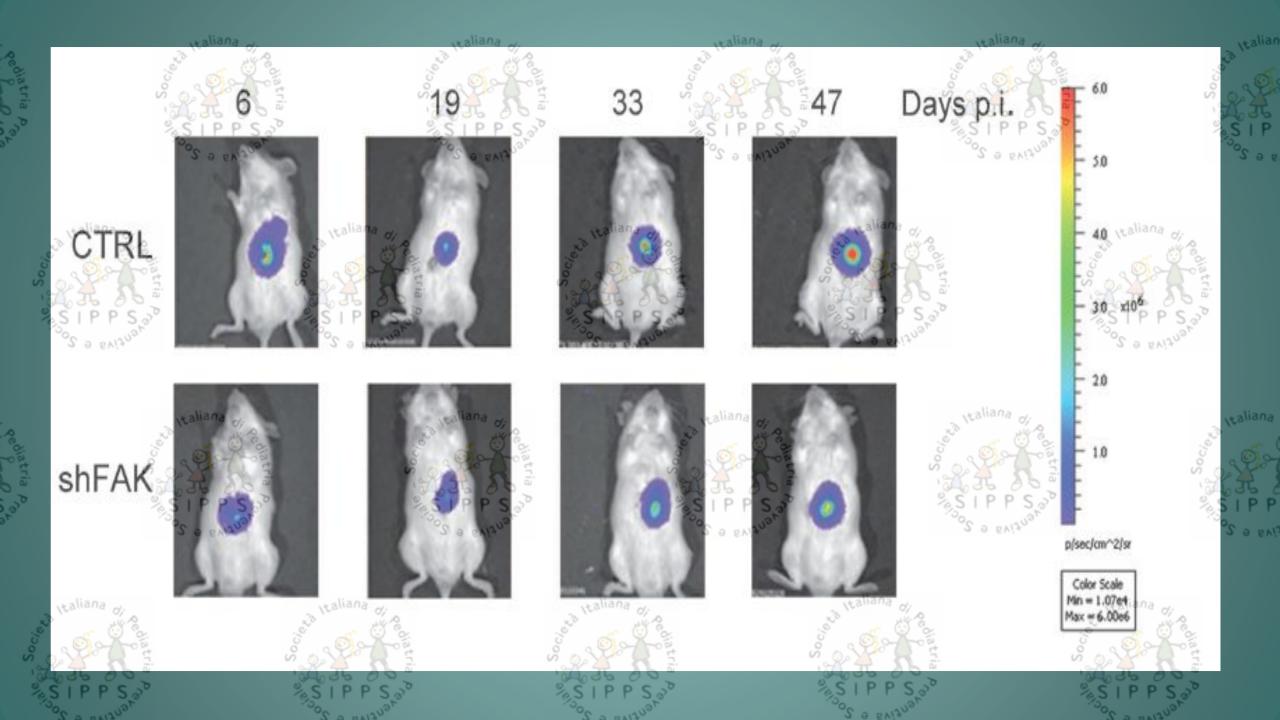


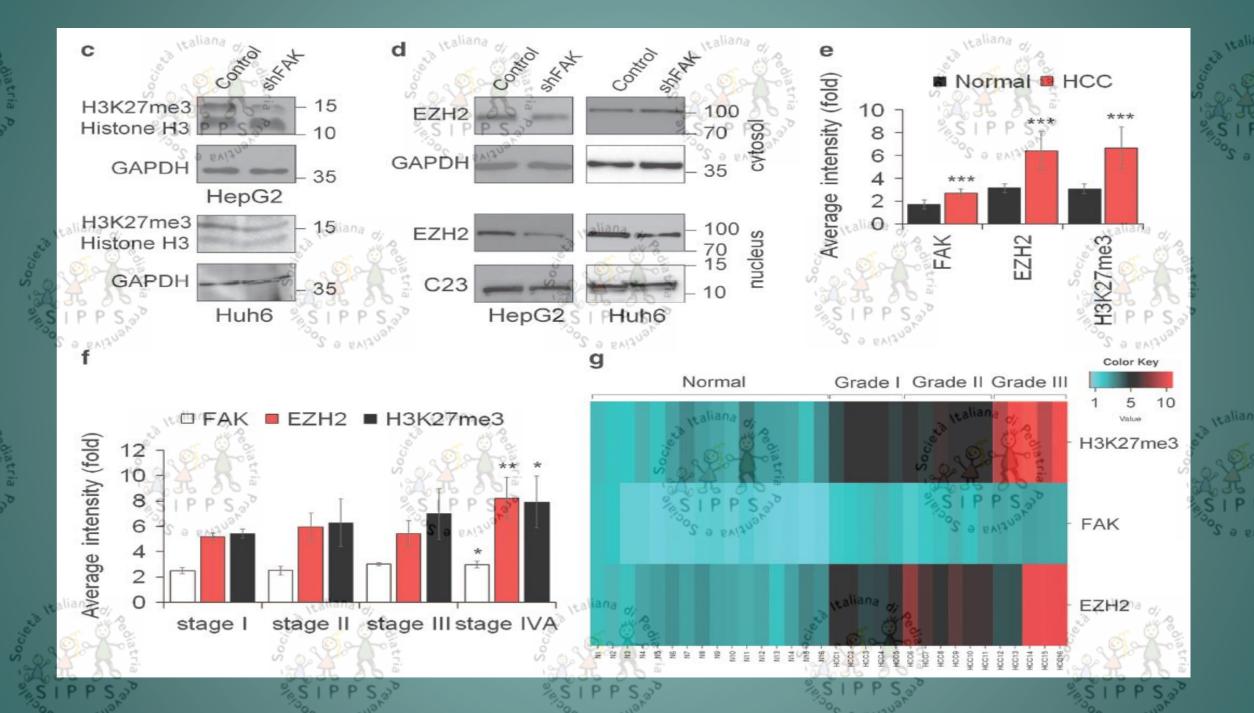
Cell Death and Differentiation (2017), 1–14 Official journal of the Cell Death Differentiation Association

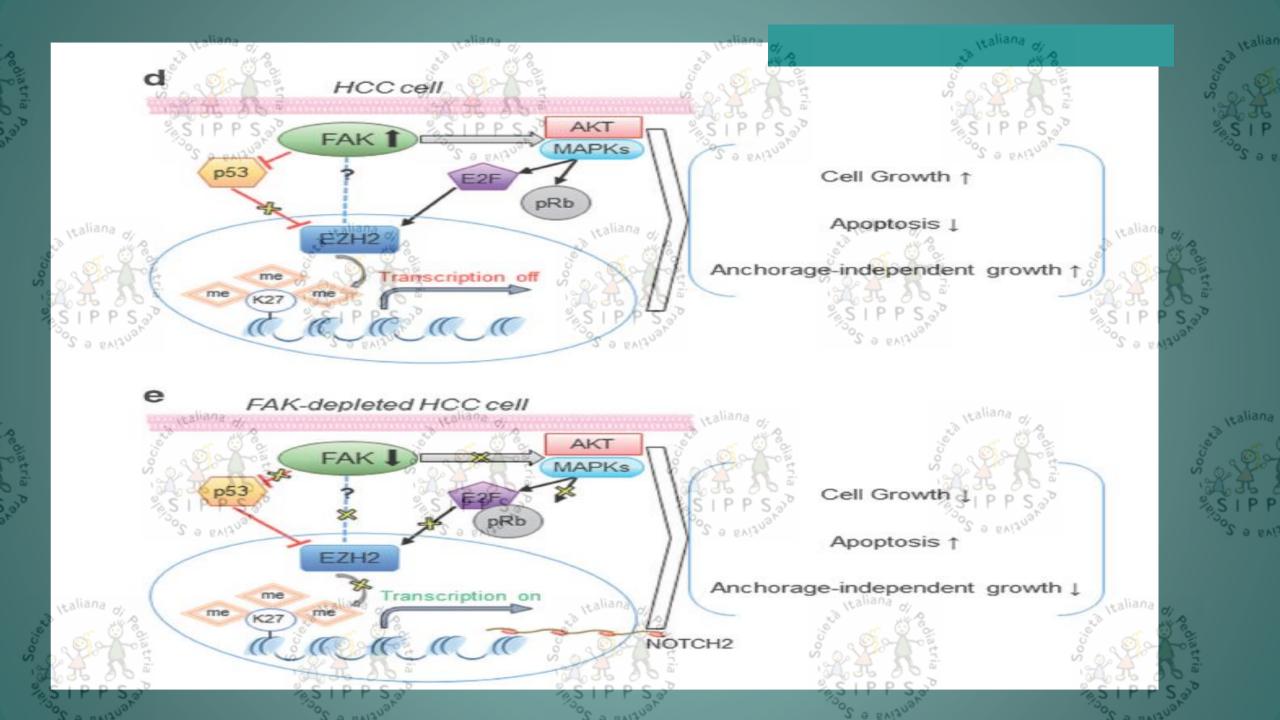
www.nature.com/cdd

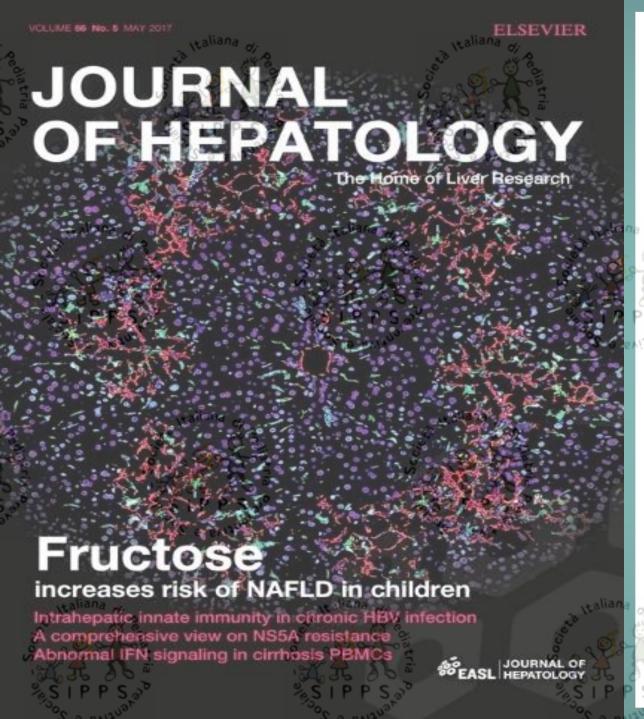
Focal adhesion kinase depletion reduces human hepatocellular carcinoma growth by repressing enhancer of zeste homolog 2

Daniela Gnani¹, Ilaria Romito¹, Simona Artuso², Marco Chierici³, Cristiano De Stefanis¹, Nadia Panera¹, Annalisa Crudele¹, Sara Ceccarelli¹, Elena Carcarino⁴, Valentina D'Oria⁵, Manuela Porru², Ezio Giorda⁶, Karin Ferrari⁷, Luca Miele⁸, Erica Villa⁹, Clara Balsano¹⁰, Diego Pasini⁷, Cesare Furlanello³, Franco Locatelli^{4,11}, Valerio Nobili¹², Rossella Rota⁴, Carlo Leonetti² and Anna Alisi*,¹













From the Editor's desk...

Richard Moreau*, Ramon Bataller, Thomas Berg, Jessica Zucmann-Rossi, Rajiv Jalan

SELECTION OF THE MONTH

Fructose consumption and hyperuricemia in young population

Excessive fructose intake is known to increase serum uric acid concentrations. In an important study by Mosca et al. a large cohort of children and adolescents with proven NAFLD (37% with NASH) were studied. Hyperuricemia was present in 47% of patients with NASH compared with 29% of non-NASH patients. Importantly, both uric acid concentration and fructose consumption were independently associated with NASH, after adjustment for multiple confounders. Fructose consumption was the only factor independently associated with serum uric acid concentration. This study suggests that excessive fructose consumption could lead to hyperuricemia and contribute to NASH development in young populations. Public health policies aimed at preventing excessive fructose-containing beverages among children are warranted.

