

LA TUBERCOLOSI: UNA PATOLOGIA RI-EMERGENTE?

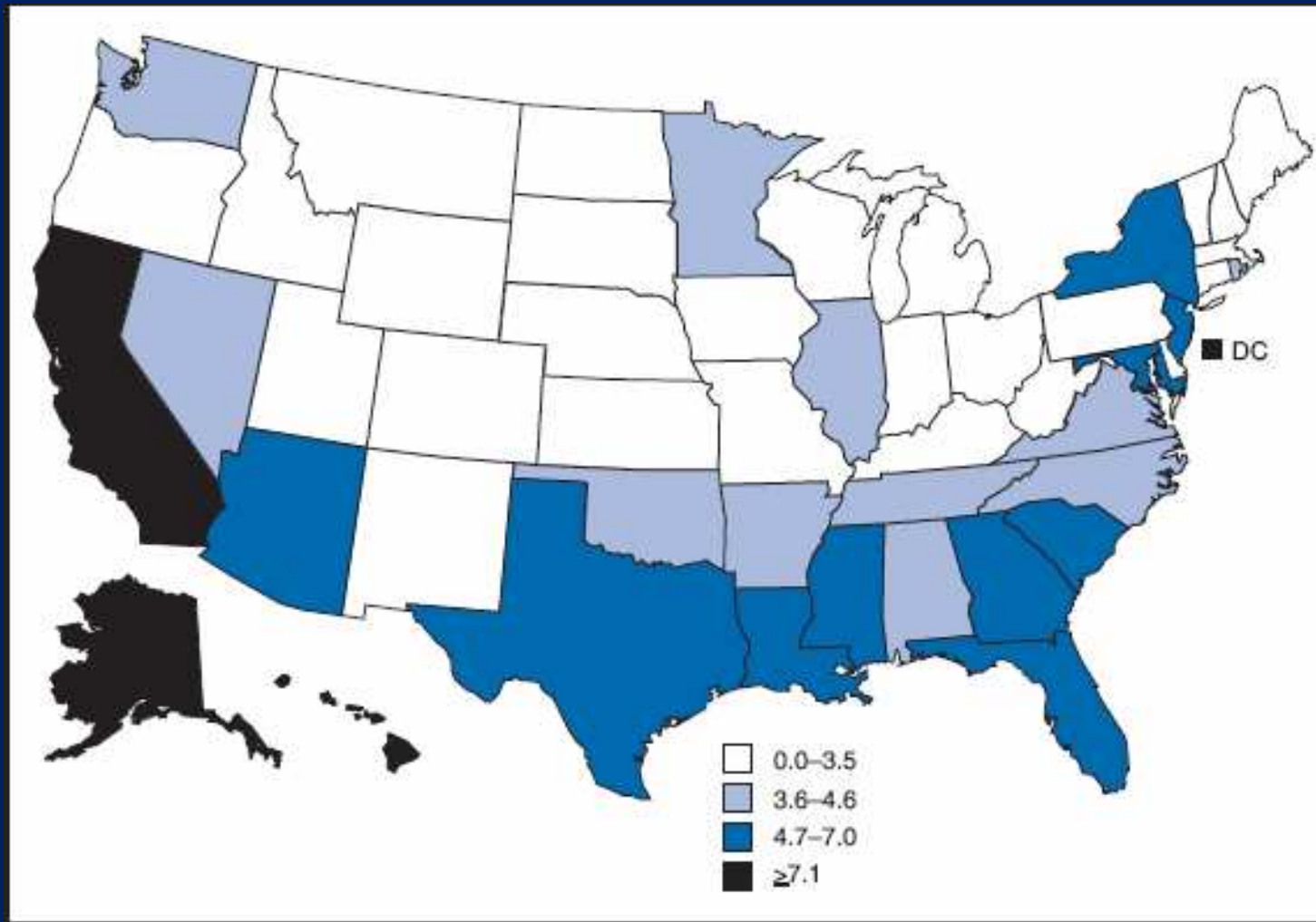
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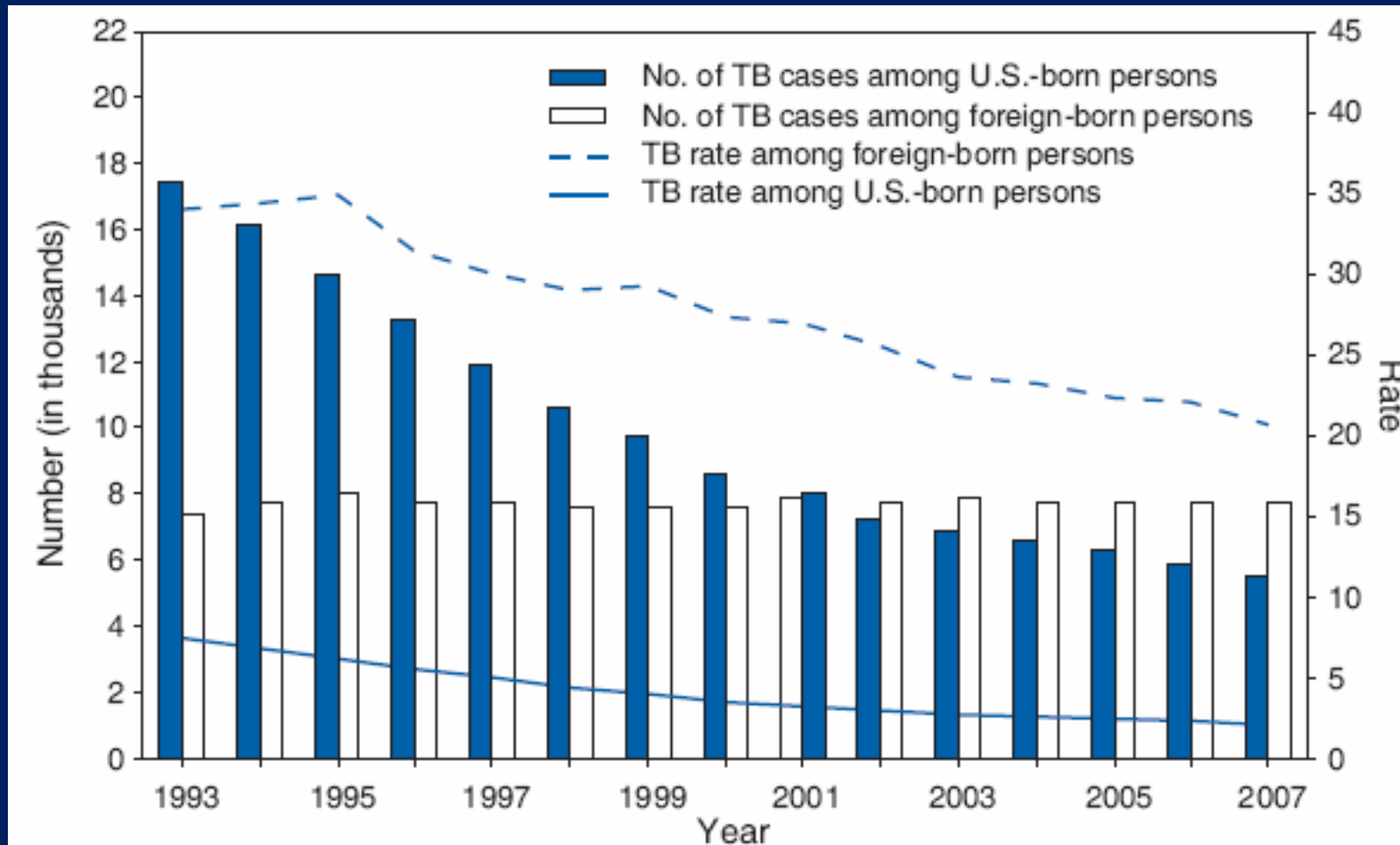
Milano

RATE OF TB CASES BY STATE (U.S.A. 2007) (MMWR, 2007)



* Per 100,000 population.
† Data are provisional.

NUMBER AND RATE OF TB CASES AMONG US AND FOREIGN-BORN PERSONS BY YEAR (U.S.A. 1993-2007) (MMWR 2007)

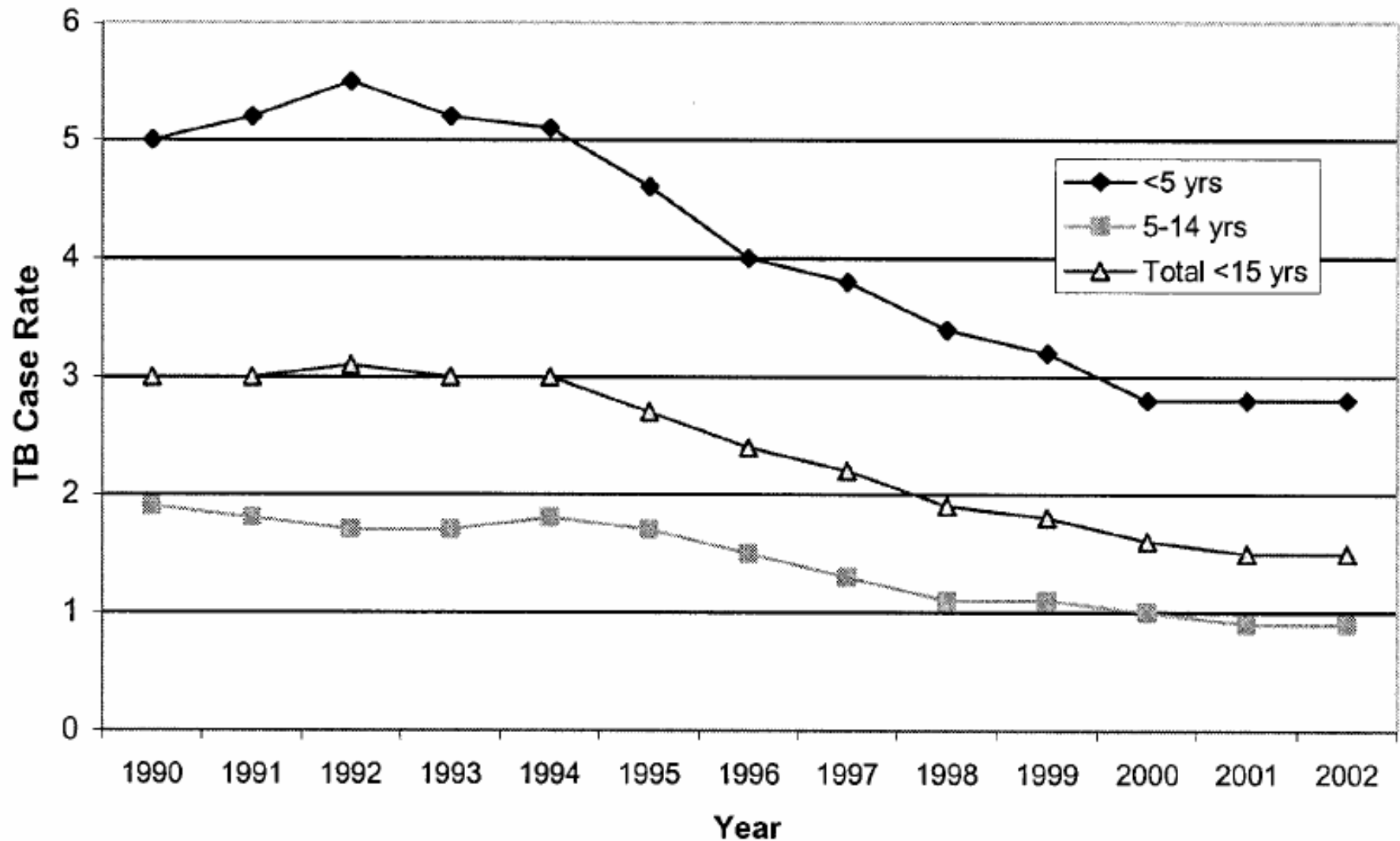


* Per 100,000 population.

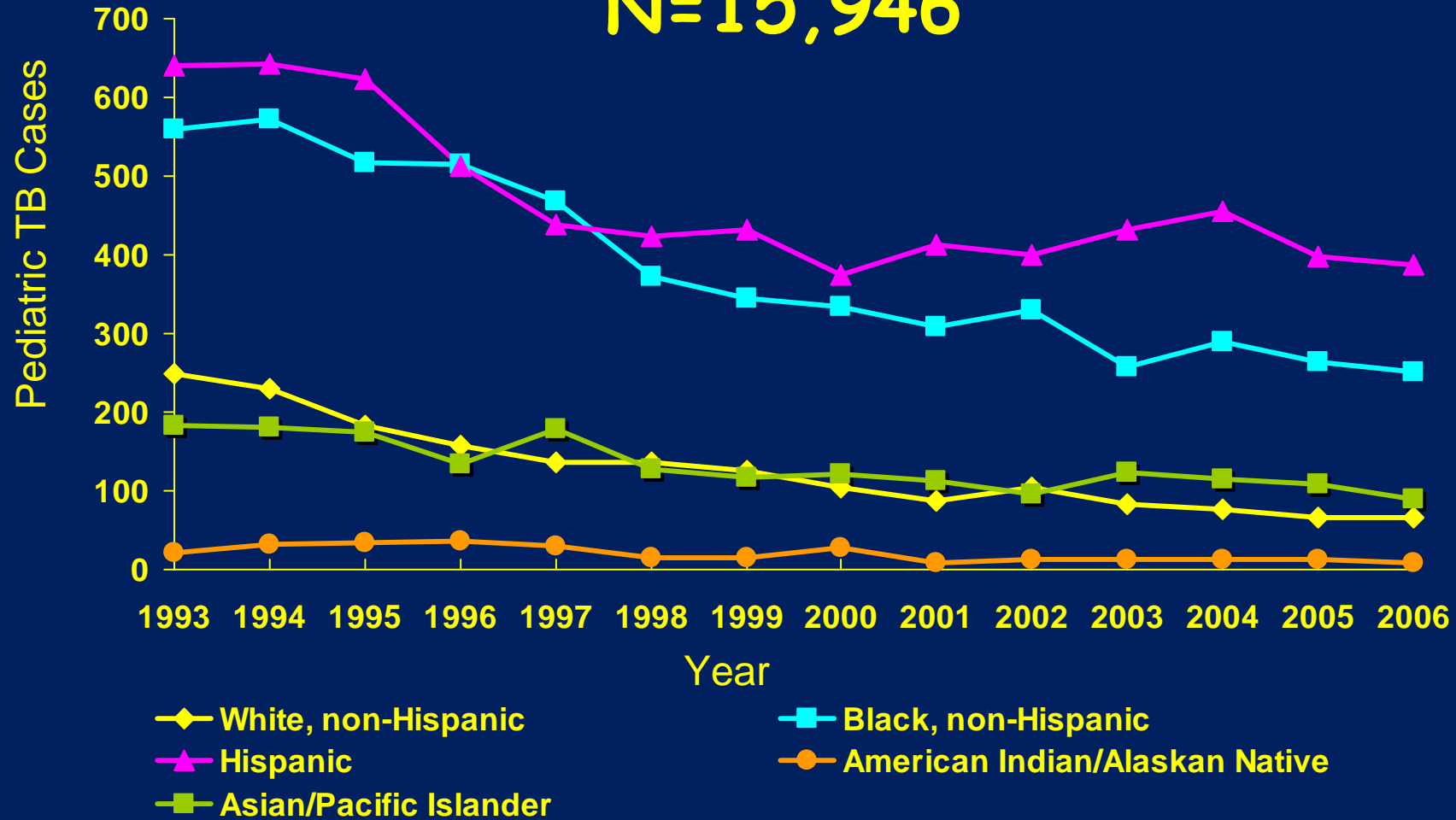
† Data for 2007 are provisional.

PEDIATRIC TB CASE RATES IN THE U.S.A. PER 100,000 POPULATION BY AGE GROUPS

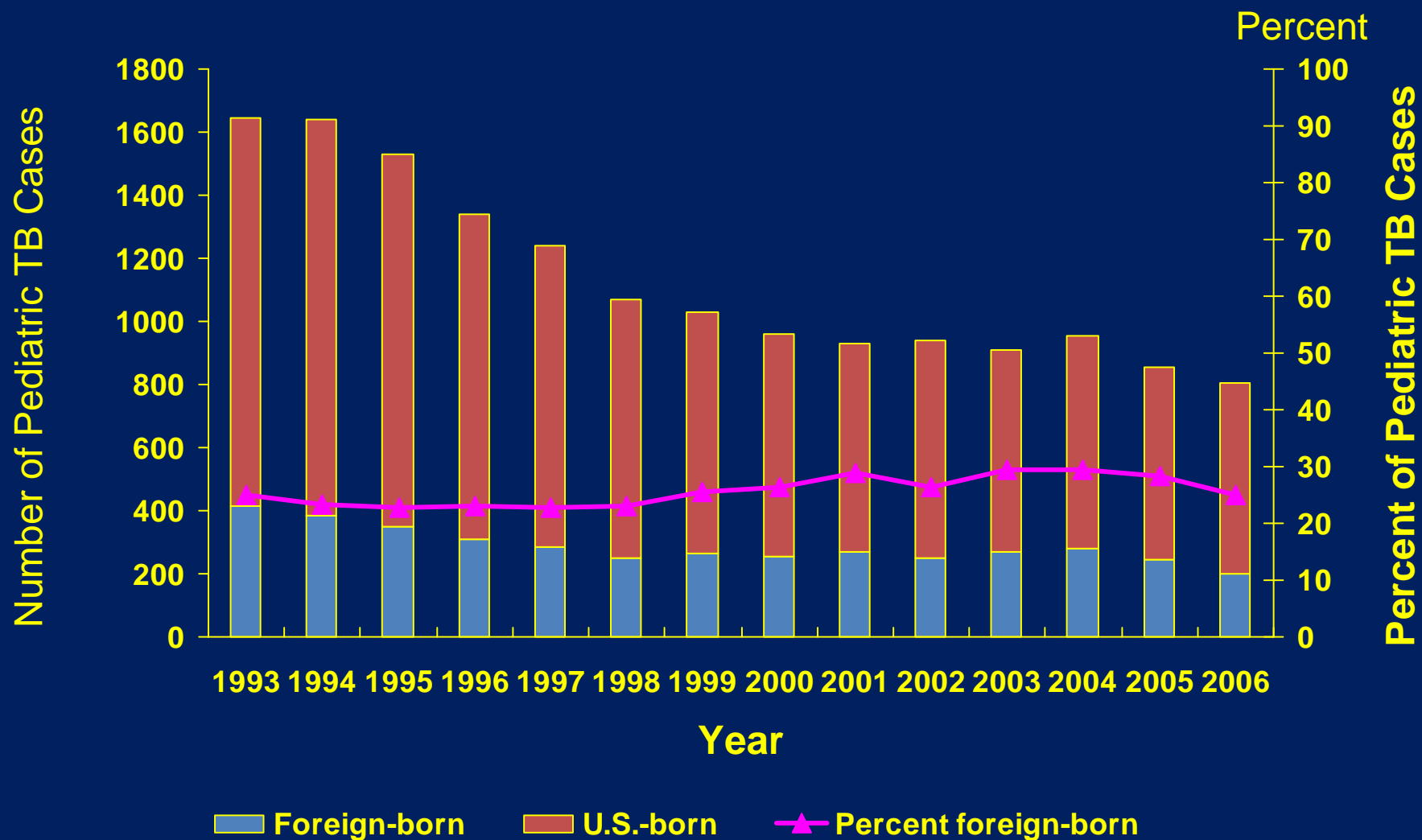
(From Pediatric Tuberculosis Collaborative Group, Pediatrics 2004)



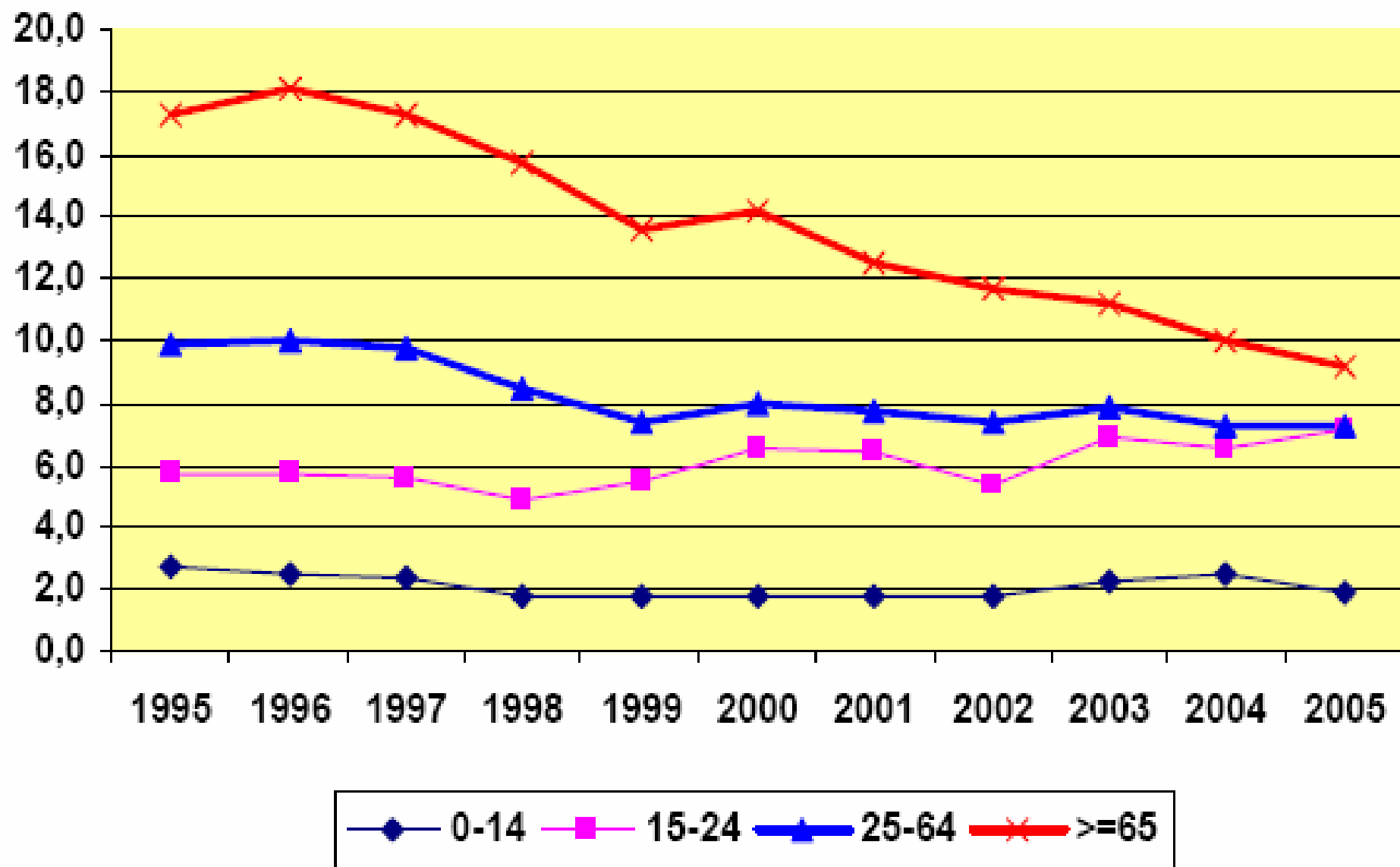
Pediatric TB Cases by Race/Ethnicity 1993-2006 N=15,946



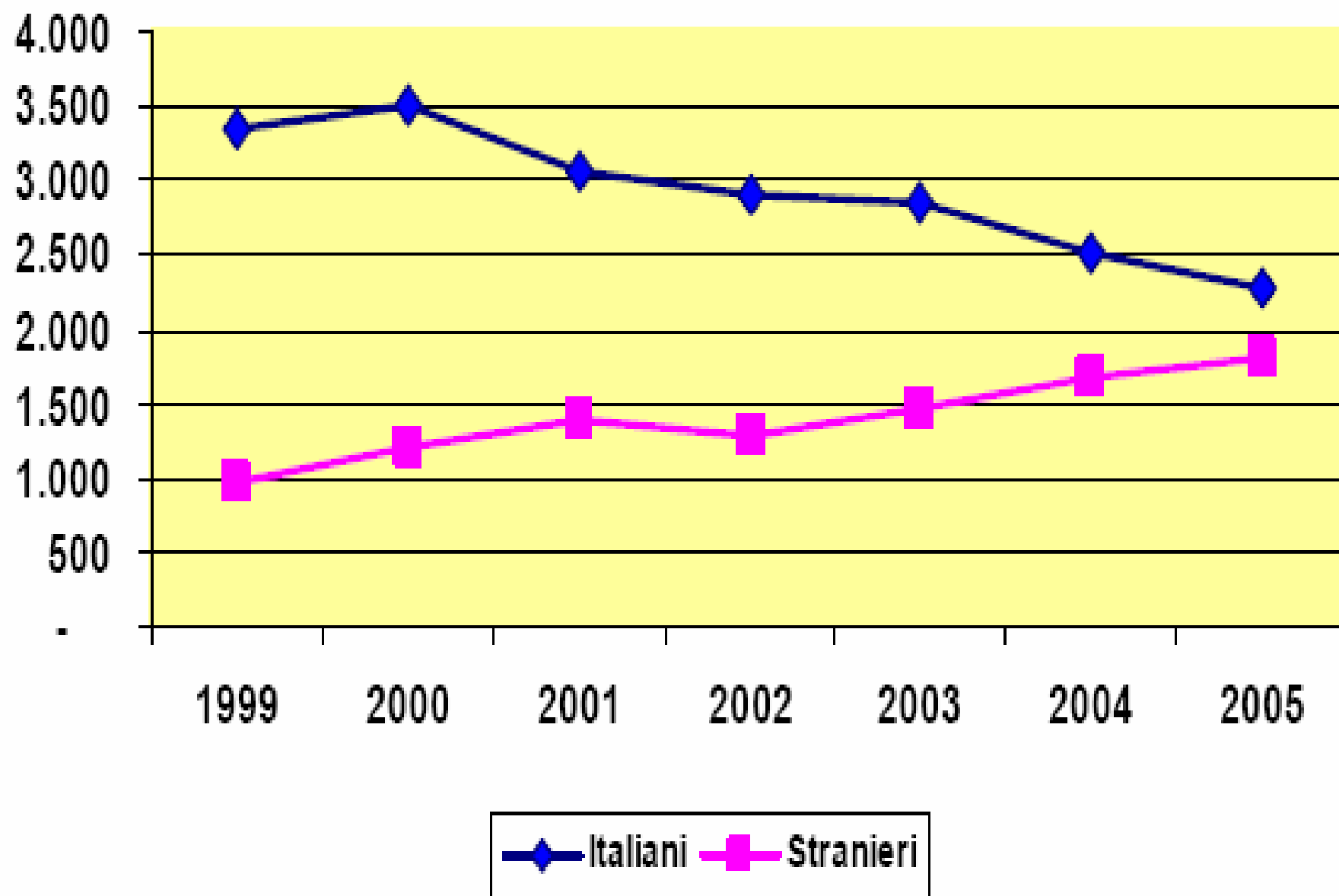
Number and Percent Foreign-born Pediatric TB Cases, 1993-2006



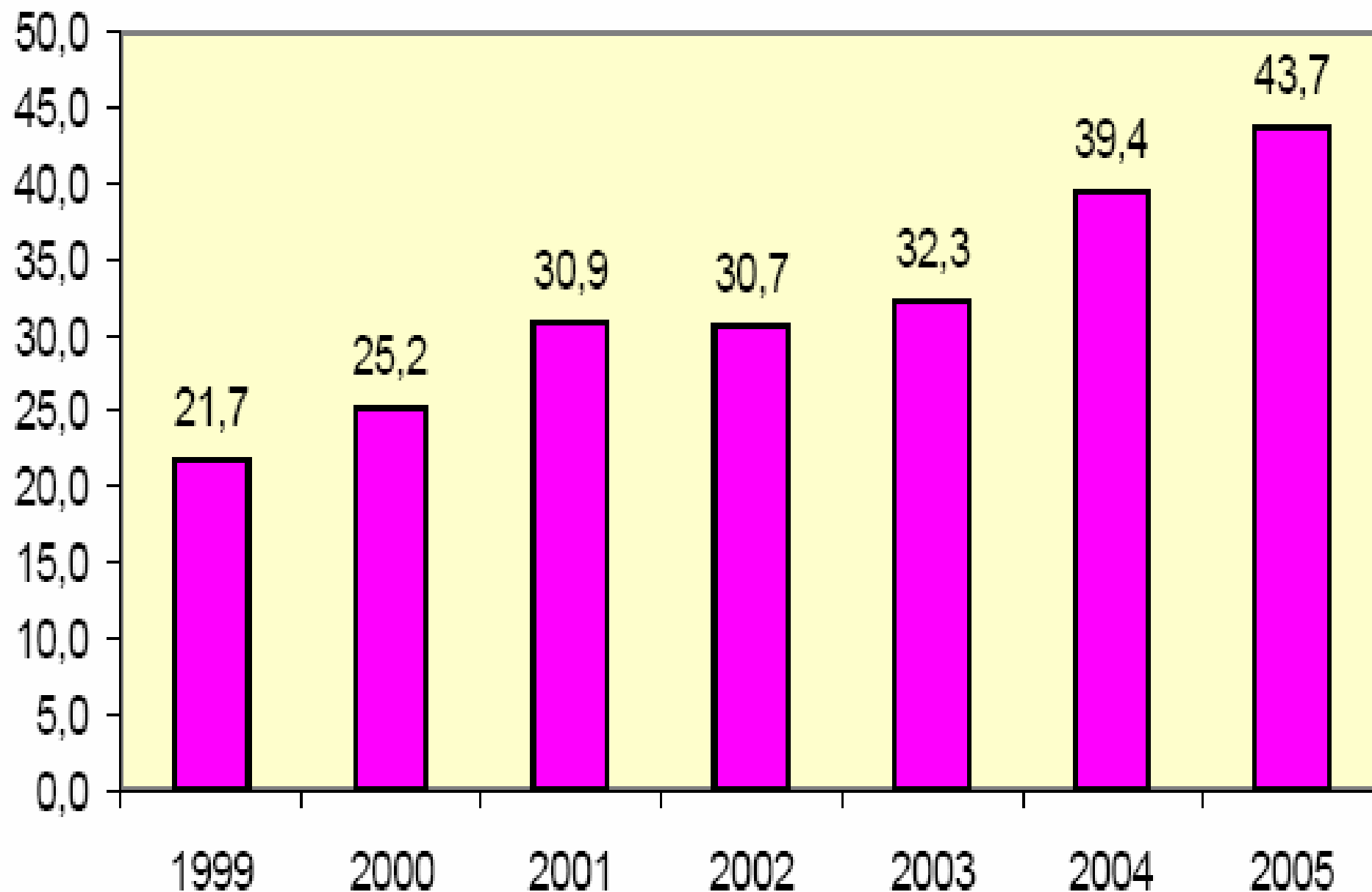
Incidenza della TBC per classi di età (casi per 100.000 abitanti).
Italia: anni 1995-2005



Casi di TBC in Italia, per nazionalità. Anni 1999-2005



Casi di TBC in cittadini non italiani, anni 1999-2005 (valori %)



Terminology

- **“Treatment of latent TB infection”** replaces the terms “preventive therapy” and “chemoprophylaxis” to promote greater understanding of the concept for both patients and providers.
- **Targeted tuberculin testing** is used to focus program activities and provider practices on groups at the highest risk for TB.

LTBI vs. Pulmonary TB Disease

Latent TB Infection

- TST* or QFT† positive
- Negative chest radiograph
- No symptoms or physical findings suggestive of TB disease

Pulmonary TB Disease

- TST or QFT usually positive
- Chest radiograph may be abnormal
- Symptoms *may* include one or more of the following: fever, cough, night sweats, weight loss, fatigue, hemoptysis, decreased appetite
- Respiratory specimens *may* be smear or culture positive

*tuberculin skin test

†QFT (QuantiFERON-TB and QuantiFERON-Gold) is a blood test to detect *M. tuberculosis* infection.

DEFINITIONS OF POSITIVE TST RESULTS IN CHILDREN AND ADOLESCENTS USING 3 CUTOFF LEVELS (I)

(From Pediatric Tuberculosis Collaborative Group, Pediatrics 2004)

Induration ≥ 5 mm

Children or adolescents in close contact with a known or suspected infectious case of TB

Children or adolescents with suspected TB disease:

Finding on chest radiograph consistent with active or previously active TB

Clinical evidence of TB disease

Children or adolescents who are immunosuppressed (eg, receiving immunosuppressive therapy or with immunosuppressive conditions [eg, HIV infection])

DEFINITIONS OF POSITIVE TST RESULTS IN CHILDREN AND ADOLESCENTS USING 3 CUTOFF LEVELS (II)

(From Pediatric Tuberculosis Collaborative Group, Pediatrics 2004)

Induration ≥ 10 mm

Children or adolescents at increased risk of disseminated disease:

Those < 4 y old

Those with concomitant medical conditions (eg, Hodgkin's disease, lymphoma, diabetes mellitus, chronic renal failure, or malnutrition)

Children or adolescents with increased risk of exposure to cases of TB disease:

Those born in a country with a high prevalence of TB cases

Those who travel to a country with a high prevalence of TB cases

Those with parents born in a country with a high prevalence of TB cases

Those frequently exposed to adults with risk factors for TB disease (eg, adults who are HIV-infected or homeless, users of illicit drugs, those who are incarcerated, or migrant farm workers)

DEFINITIONS OF POSITIVE TST RESULTS IN CHILDREN AND ADOLESCENTS USING 3 CUTOFF LEVELS (III)

(From Pediatric Tuberculosis Collaborative Group, Pediatrics 2004)

Induration ≥ 15 mm

Children ≥ 4 y old with no known risk factors

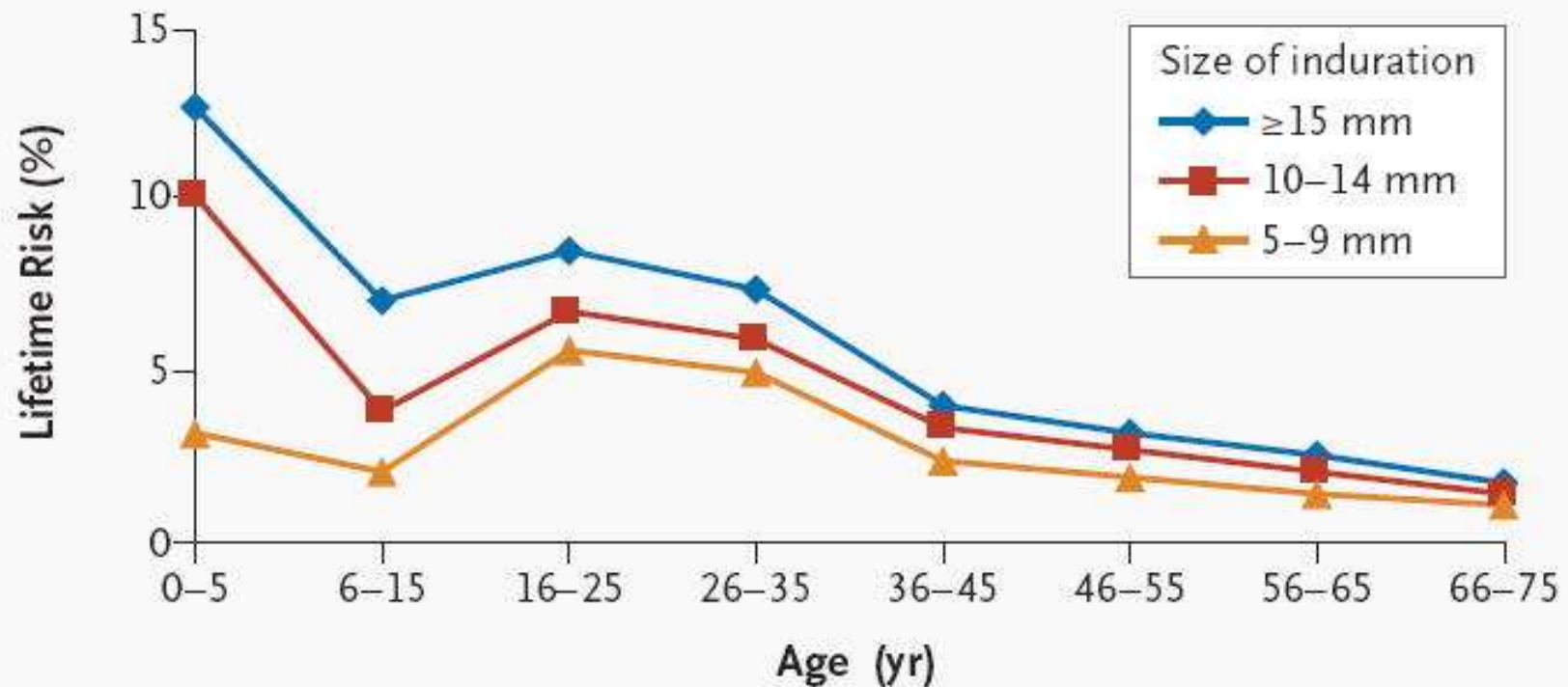


Figure 1. Lifetime Risk of Active Tuberculosis among Persons with a Non-conversion Positive Tuberculin Skin Test.

Risks were calculated with the assumption of a decrease in risk of 10 percent per decade.

FACTORS ASSOCIATED WITH FALSE/NEGATIVE OR FALSE/POSITIVE TST REACTIONS

(From Pediatric Tuberculosis Collaborative Group, Pediatrics 2004)

Factors	False-Negative Reactions	False-Positive Reactions
Infections	Viral illnesses (HIV, measles, varicella) Bacterial (typhoid fever, brucellosis, typhus, leprosy) Early TB infection (<12 wk) TB disease (meningitis, miliary, pleural) Fungal (<i>Blastomycosis</i>)	Exposure to NTM (eg, <i>M marinum</i> , <i>M kansasii</i>)
Live virus vaccines	Measles Polio Smallpox	BCG vaccine
Concomitant medical conditions	Metabolic abnormalities (chronic renal failure) Malignancies (Hodgkin's disease, lymphoma, leukemia) Sarcoidosis Poor nutrition	Transfusion with whole blood from donors with known positive TST ¹⁵²
Drugs and technical factors	Corticosteroids, chemotherapy Newborns and <2 y of age Material: poor quality; inadequate dose (1 TU); improper storage (exposure to heat/light); expired Administration: not injected intradermally; too long in syringe Reading: inexperienced or biased reader; recording error; read too early/late	Inexperienced or biased reader
Interpretative	Decreasing mm of induration	Increasing mm induration

EFFECT OF BCG IMMUNIZATION ON TST REACTIVITY

(From Pediatric Tuberculosis Collaborative Group, Pediatrics 2004)

Country*	Subjects, n	BCG Immunization, age	TST Placed	TST \geq 10 mm, %	Comment	
Sri Lanka ⁸¹	112	<1 mo	3 mo	~12	Values approximated from figures	
	106	<1 mo	18 mo	~18		
	285	<1 mo	5 to 7 y	~7		
	237	<1 mo	9 to 11 y	~6		
United States (Navajo Indian) ⁸³	250	Birth	3 mo	31		
		Birth	9 mo to 4 y	0		
		Birth	5 y	2		
		Birth	6 y	4		
Saudi Arabia ⁸⁵	1522	Birth	5 to 11 y	6-13	Comparable to age-matched unvaccinated controls	
		Birth	12 y	20		4% (3 of 77) among unvaccinated controlst (<i>P</i> < .001)
		Birth	13 y	16		4% (3 of 73) among unvaccinated controlst (<i>P</i> = .006)
Israel ⁸²	512	Birth	7 to 24 mo	2.5		
Chile ⁸⁶	40	Birth	6 y	10	Repeat TST in 2 wk: 45% \geq 10 mm	
Uganda ⁷⁷	151	Birth	\leq 5 y	15	53% (75 of 142) known TB exposure†	
South Africa ⁸⁴	85	Birth	6 mo to 6 y	13		
Canada ⁸⁷	463	Birth	11 y	5		
		Birth	16 y	8		
Brazil ⁷⁶	60	Birth	0 to 5 y	0	45% (18 of 40) known TB exposure†	
Botswana ⁷⁸	781	Birth	3 mo to 5 y	6-8		
Israel ⁸²	135	13 y	14 y	36		
Denmark ⁹⁰	601	7 y	8 to 10 wk later	~38-99	Values approximated from figures; dependent on vaccine type	
			12 y	~39-97		
Canada ⁸⁷	306	2-8 y	11 y	13		
			16 y	17		
			18 to 25 y	26		
United States (Alabama) ⁹¹	63	> 5 y	18 to 21 y (8-15 y later)	16		
Brazil ⁷⁶	233	Birth and school age	5 to 9 y	2	44% (22 of 50) known TB exposure† 53% (27 of 51) known TB exposure†	
			\geq 10 y	6		
South Africa ⁸⁴	42	Birth and school age	6 to 14 y	33		
Israel ⁸²	96	Birth and age 13 y	14 y	62		
Sri Lanka ⁸¹	61	Birth and age 10 y	3 mo after 2nd BCG	53		

PUBLISHED STUDIES ON DIAGNOSTIC PERFORMANCE OF THE NEW BLOOD TESTS FOR SENSITIVITY IN LATENT TUBERCULOSIS INFECTION

(From Lalvani et al., Chest 2007)

ELISpot (T-SPOT.TB)†			ELISA (QuantiFERON-Gold)‡		
Study Design	Subjects, No.	Correlation With Tuberculosis Exposure	Study Design	Subjects, No.	Correlation With Tuberculosis Exposure
Contact tracing ¹⁶	535	Higher than TST§	Contact tracing ²⁰	125	Same as TST
Contact tracing ¹⁸	413		Case control ¹⁴	48	Higher than TST
Contact tracing ¹⁹	91		Total	173	
Contact tracing ¹⁷	88				
Contact tracing ⁷	50				
Total	1,136				

*In the absence of a "gold standard" for LTBI, these studies used degree of exposure to infectious index cases as a surrogate reference standard.

†ELISpot correlates with tuberculosis exposure better than TST.

‡ELISA has similar correlation with tuberculosis exposure as TST.

§Statistically significant ($p = 0.03$ and $p = 0.007$) difference between ELISpot and TST in Ewer et al.¹⁶

PUBLISHED STUDIES ON DIAGNOSTIC PERFORMANCE OF THE NEW BLOOD TESTS FOR SPECIFICITY IN BCG-VACCINATED UNEXPOSED CONTROL SUBJECTS

(From Lalvani et al., Chest 2007)

ELISpot (T-SPOT.TB)*			ELISA (QuantiFERON-Gold)†		
Study Design	Subjects, No.	Specificity, %	Study Design	Subjects, No.	Specificity, %
Case control ¹⁰	28	100	Case control ⁹	216	98
Case control ²³	40	100	Case control ¹⁴	99	96
Case control ⁵	33	100	Total	315	
Case control ⁴	26	100			
Total	127				

*ELISpot more specific than TST.

†ELISA more specific than TST.

RECOMMENDED DOSAGES FOR THE TREATMENT OF LTBI IN CHILDREN AND ADOLESCENTS

(From Pediatric Tuberculosis Collaborative Group, Pediatrics 2004)

Dosage	INH
Daily dose	10–15 mg/kg
Maximum dose	300 mg
Daily dose by weight categories	
3–5 kg	50 mg
6–7.5 kg	75 mg
7.5–10 kg	100 mg
10–15 kg	150 mg
15–20 kg	200 mg
>20 kg	300 mg
Weekly dose	
2 times per wk	20–30 mg/kg
Maximum dose	900 mg
3 times per wk	20–30 mg/kg
Maximum dose	900 mg

Rifampin is occasionally used for LTBI treatment for children at 10 to 20 mg/kg per dose up to a maximum of 600 mg.

Rifampin Regimens (1)

- Rifampin (RIF) given daily for 4 months is an acceptable alternative when treatment with INH is not feasible.
- In situations where RIF cannot be used (e.g., HIV-infected persons receiving protease inhibitors), rifabutin may be substituted.

Laboratory Monitoring (1)

Baseline liver function tests (e.g., AST, ALT, and bilirubin) are not necessary except for patients with the following risk factors:

- HIV infection
- History of liver disease
- Alcoholism
- Pregnancy or in early postpartum period

Laboratory Monitoring (2)

Repeat laboratory monitoring if patient has

- Abnormal baseline results
- Current or recent pregnancy
- High risk for adverse reactions
- Symptoms of adverse reaction
- Liver enlargement or tenderness during examination



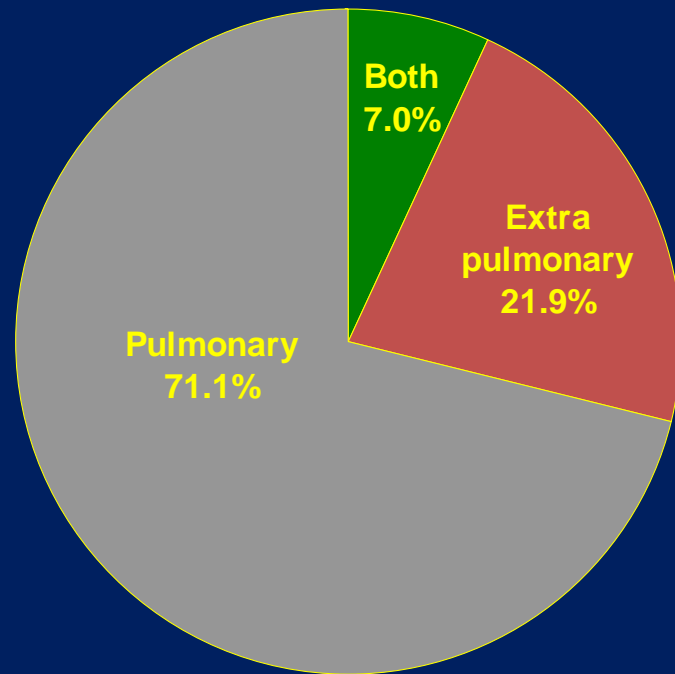
Laboratory Monitoring (3)

- Asymptomatic elevation of hepatic enzymes seen in 10%-20% of people taking INH
 - Levels usually return to normal after completion of treatment
- Some experts recommend withholding INH if transaminase level exceeds 3 times the upper limit of normal if patient has symptoms of hepatotoxicity, and 5 times the upper limit of normal if patient is asymptomatic⁷

⁷MMWR June 9, 2000; 49(No. RR-6): 39



Pediatric TB Cases by Site of Disease, 1993-2006



Any extrapulmonary involvement*

(totaling 28.9%)

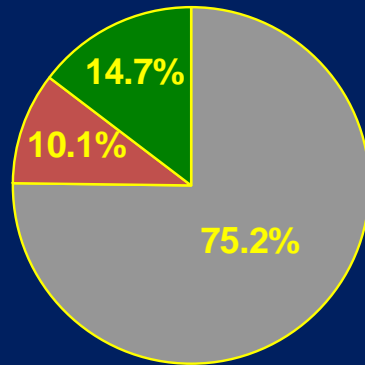
Lymphatic	18.9%
Meningeal	3.1%
Miliary	1.5%
Bone & Joint	1.5%
Other	3.9%

*Any extrapulmonary involvement which includes cases that are extrapulmonary only and both
Patients may have more than one disease site but are counted in mutually exclusive categories for surveillance purposes.

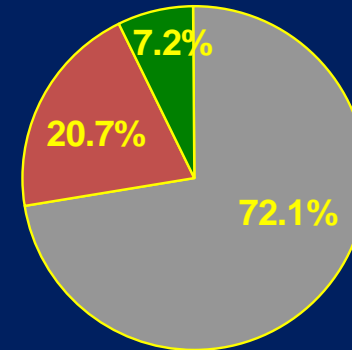
Percent of Pediatric TB Cases by Site of Disease*, 1993-2006

N=15,946

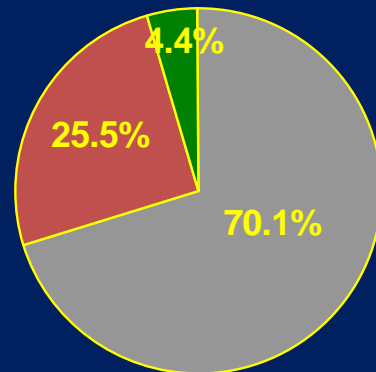
Age < 1 n=1,471



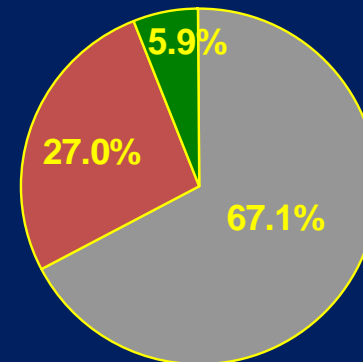
Age 1-4 n=7,884



Age 5-9 n=3,691



Age 10-14 n=2,900



Pulmonary



Extrapulmonary



Both

Pediatric TB Cases by HIV Status, 1993–2005* **N=14,990**

- **Information on HIV result is not available for the majority of pediatric TB cases (80.7%)**
- **Percent of pediatric TB cases with HIV-positive test results, minimum estimate** (1.0%)**
- **Percent of pediatric cases with HIV-positive test results of those patients with known results (5.1%)**

*California HIV data through 2004 only

**Pediatric TB cases with positive HIV test results divided by all pediatric TB cases .

California only reports positive HIV test results based on TB and AIDS registry matching; all other California TB cases are classified as "Unknown."

SYMPTOMS OF PULMONARY TB

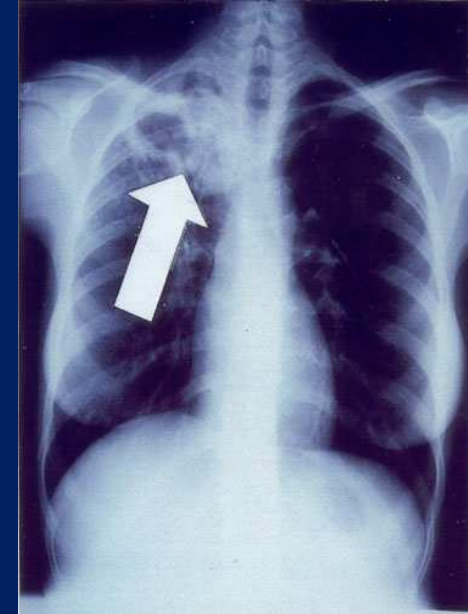
- Productive, prolonged cough (duration of >3 weeks)
- Chest pain
- Hemoptysis

SYSTEMIC SYMPTOMS OF TB

- Fever
- Chills
- Night sweats
- Appetite loss
- Weight loss
- Easy fatigability

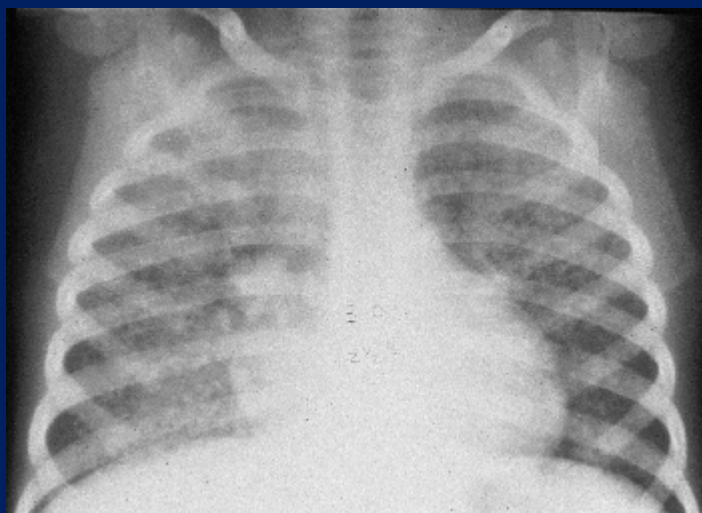
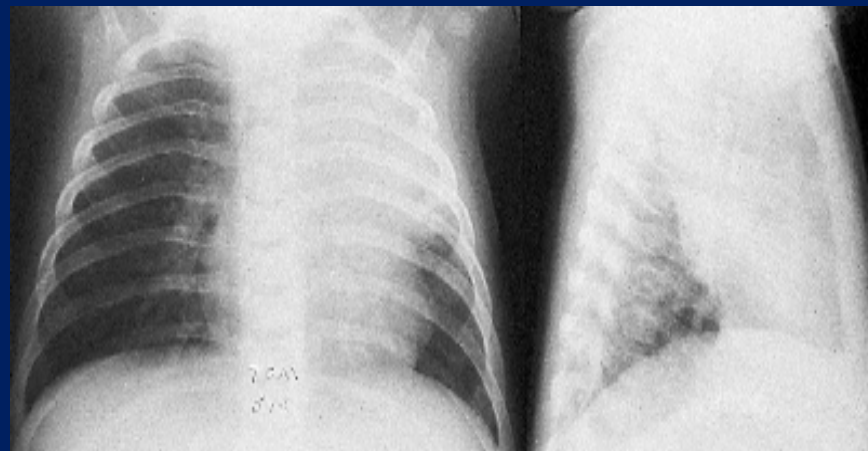
CHEST RADIOGRAPH

- Abnormalities often seen in apical or posterior segments of upper lobe or superior segments of lower lobe
- May have unusual appearance in HIV-positive persons
- Cannot confirm diagnosis of TB



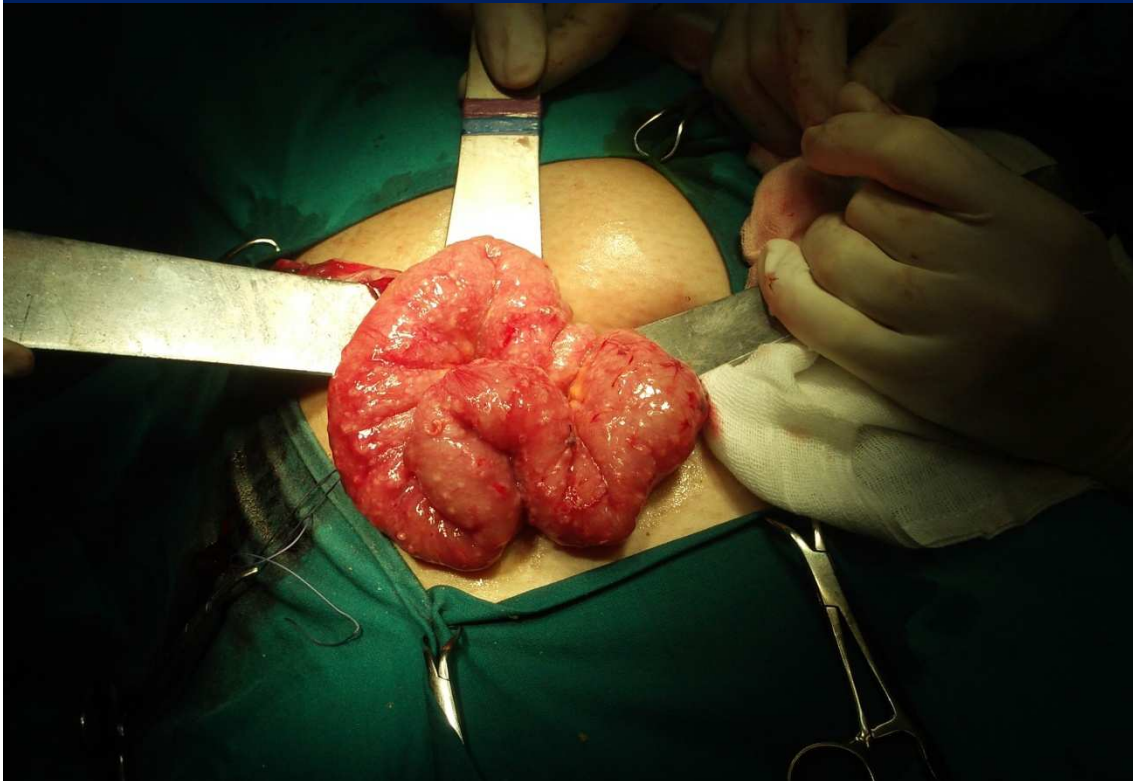
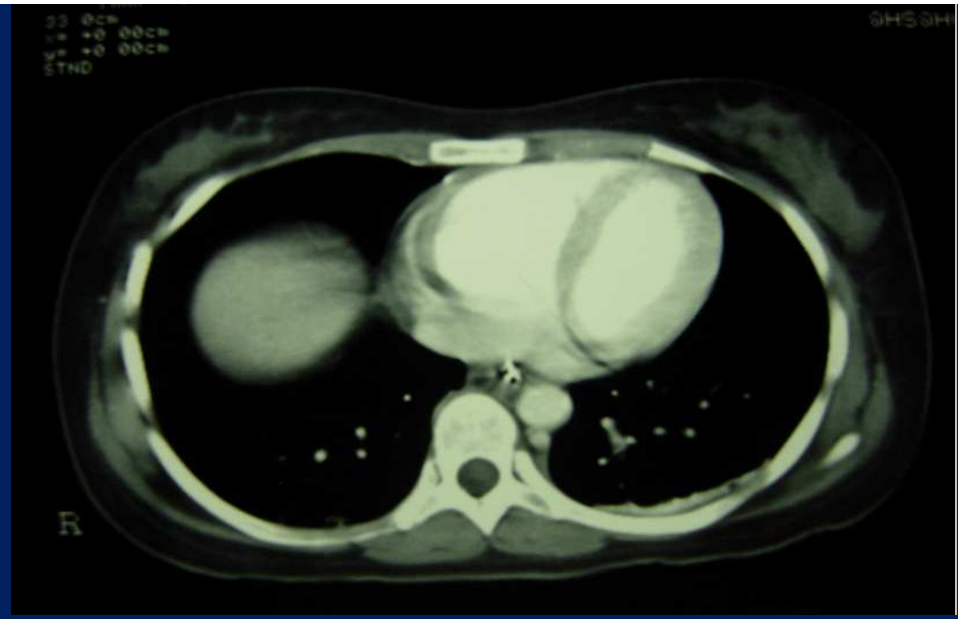
Arrow points to cavity in patient's right upper lobe

TUBERCOLOSI IN ETA' PEDIATRICA



LINFOADENITE TUBERCOLARE





**PERITONITE
TUBERCOLARE**

TB Case Definition and Verification

- Incident case of disease
- Case verification categories:
 - 1) Laboratory confirmed cases-"Gold Standard"
 - Positive culture, DNA probe, or nucleic acid amplification test
 - Positive AFB smear when culture not attainable
 - 2) Clinical case definition
 - Positive tuberculin skin test
 - Signs and symptoms of TB disease
 - Current treatment for TB disease
 - 3) Provider diagnosis:
 - Diagnosed by health care provider
 - Does not fulfill all criteria necessary to meet laboratory or clinical case definitions

SPECIMEN COLLECTION

- Obtain 3 sputum specimens for smear examination and culture
- Persons unable to cough up sputum, induce sputum, bronchoscopy or gastric aspiration
- Follow infection control precautions during specimen collection

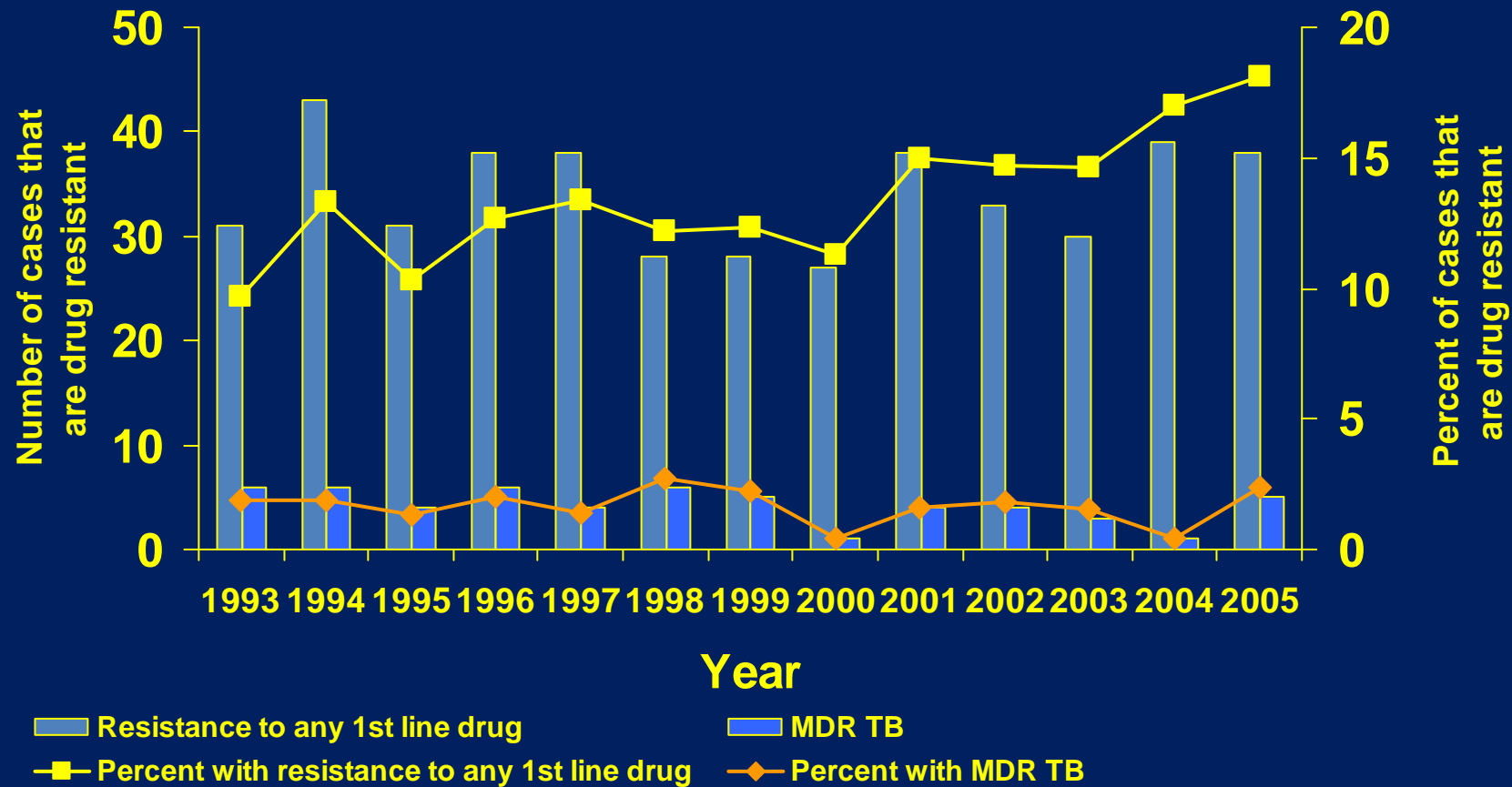
**DEATHS OCCURRING AMONG PEDIATRIC TB CASES,
BY AGE GROUP, 1993-2004
N=14,282**

<u>Age Group of Cases</u>	<u>Cases</u>	<u>Deaths**</u>	<u>%</u>
Age < 1	1298	26	2.0
Age 1-4	7094	46	0.6
Age 5-9	3334	20	0.6
Age 10-14	2556	20	0.8

Note: Cause of death not recorded in TB case reports

**Death includes died during therapy or dead at TB diagnosis

Number and Percent of Culture-confirmed Pediatric TB Cases with Drug Resistance, 1993–2005



First line drugs are Isoniazid, Rifampin, Pyrazinamide and Ethambutol
 MDR TB = resistance to at least Isoniazid and Rifampin

When to Consider Treatment Initiation

- Positive AFB smear
- Treatment should not be delayed because of negative AFB smears if high clinical suspicion:
 - History of cough and weight loss
 - Characteristic findings on chest x-ray
 - Emigration from a high-incidence country



Algorithm to Guide Duration of Continuation-Phase Treatment for Culture-Positive TB Patients

High clinical suspicion for active TB

Place patient on initial-phase regimen:
INH, RIF, EMB, PZA for 2 months

Is specimen
collected at end
of initial phase (2
months) culture
positive?

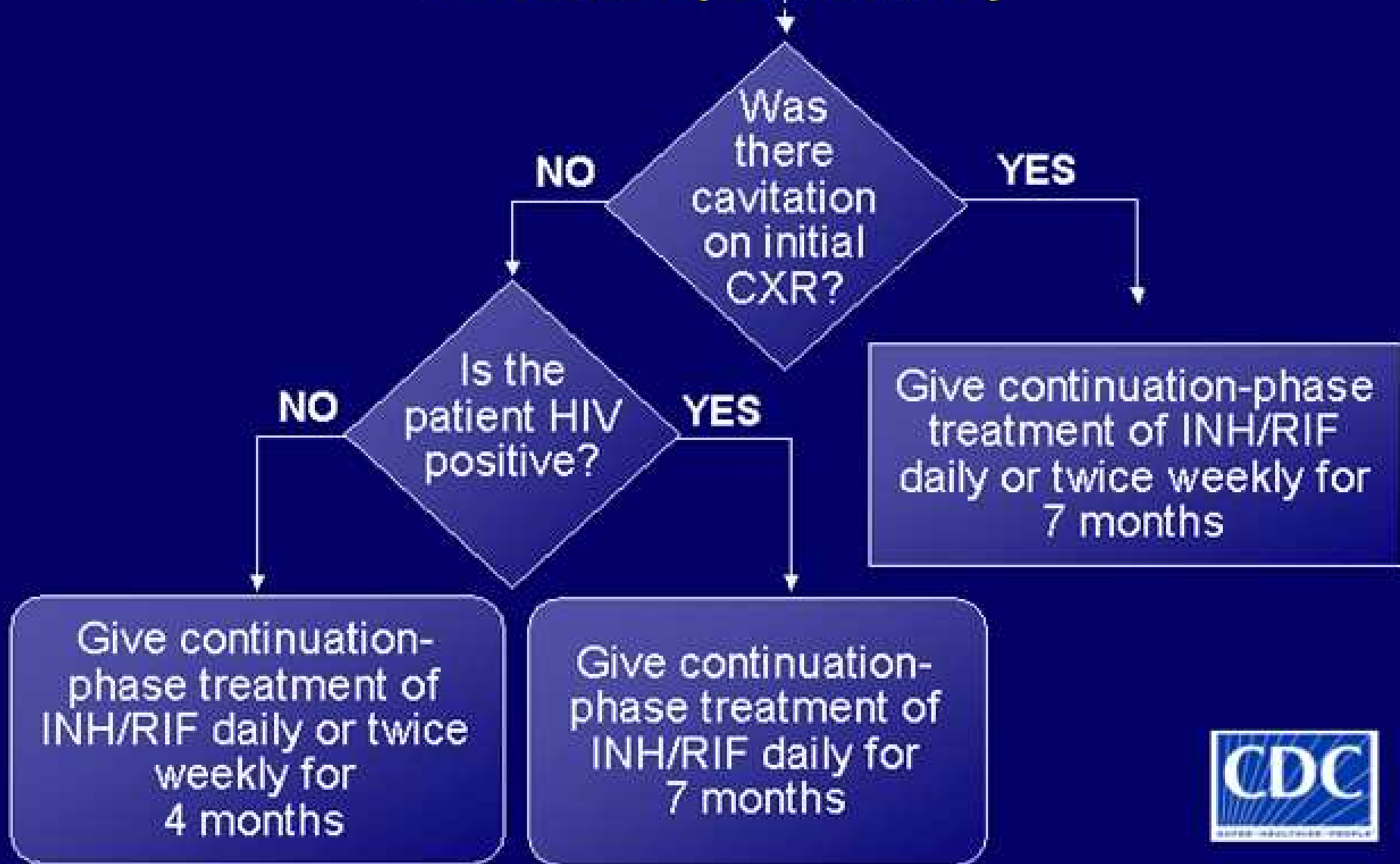
NO

YES

Give continuation-
phase treatment of
INH/RIF daily or twice
weekly for 4 months



Algorithm to Guide Duration of Continuation-Phase Treatment for Culture-Positive TB Patients (Continued)



Special Treatment Situations (Children and Adolescents)* (1)

- Use DOT
- Treat young children (<5 years old) with three (rather than four) drugs in initial phase (i.e., INH, RIF, and PZA)
- EMB not recommended unless increased likelihood of INH resistance or diagnosis of adult-like TB**

* Defined as persons <15 years old

** Defined as upper-lobe infiltration and cavitation associated with sputum production



Common Adverse Reactions to Drug Treatment (1)

Caused by	Adverse Reaction	Signs and Symptoms
Any drug	Allergy	Skin rash
Ethambutol	Eye damage	Blurred or changed vision Changed color vision
Isoniazid, Pyrazinamide, or Rifampin	Hepatitis	Abdominal pain Abnormal liver function test results Fatigue Lack of appetite Nausea Vomiting Yellowish skin or eyes Dark urine



Common Adverse Reactions to Drug Treatment (2)

Caused by	Adverse Reaction	Signs and Symptoms
Isoniazid	Peripheral neuropathy	Tingling sensation in hands and feet
Pyrazinamide	Gastrointestinal intolerance Arthralgia Arthritis	Upset stomach, vomiting, lack of appetite Joint aches Gout (rare)
Streptomycin	Ear damage Kidney damage	Balance problems Hearing loss Ringing in the ears Abnormal kidney function test results

Common Adverse Reactions to Drug Treatment (3)

Caused by	Adverse Reaction	Signs and Symptoms
Rifamycins <ul style="list-style-type: none">• Rifabutin• Rifapentine• Rifampin	Thrombocytopenia Gastrointestinal intolerance Drug interactions	Easy bruising Slow blood clotting Upset stomach Interferes with certain medications, such as birth control pills, birth control implants, and methadone treatment